



Cheyenne Ostolaza

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OBJECTIVE

Obtain an entry level position to acquire
experience and utilize management and problem solving skills

QUALIFICATIONS

- Effective hospitality, patience and compassion skills through patient care
- Demonstrates patient/resident satisfaction skills by serving/caring and interacting with patients/residents daily
- Proficient multitasking skills in performing duties such as vital signs, electrocardiograms, accuchecks, specimen collection and care to physically disabled patients
- Satisfactory performance in timely and pressured situations
- Bilingual, English and Spanish

EDUCATION

The Pennsylvania State University, Abington, PA

Anticipated Fall 2018

Major: Rehabilitation and Human Services

Relevant Coursework: intro to counseling, group work, client assessment, case management and communication skills, community mental health, medical aspects of disability, etc.

EXPERIENCE

Ori HomeCare, Philadelphia, Pa

October 2017-Present

Direct Care Worker

- Assists with daily living/functioning activities
- House and bill maintenance
- Drives client to all appointments, grocery and general shopping

Private Caregiver, Philadelphia, PA

December 2016- October 2017

- Developed understanding of client's specific/personal needs
- Manage client's schedule and secure transportation
- Assisted client in daily house tasks such as babysitting, cleaning and cooking

Holy Redeemer Hospital, Meadowbrook, PA

October 2015- October 2016

Patient Care Assistant

- Able to perform multiple tasks efficiently alone and as team player in all arising situations
- Consistently demonstrates overachievement accomplishing required tasks such as vital signs, blood glucose monitoring, and room maintenance
- Constantly satisfying patient needs through palliative care such as bathing, grooming and meal preps

Holy Redeemer Lafayette, Philadelphia, PA

February 2014- February 2015

- Started as server, then, promoted to hostess by meeting expectations and requirements of this position
- Successfully trained employees to their satisfaction and knowledge of job expectation
- Developed interpersonal skills with senior citizens

Aspira Inc of Pennsylvania, Philadelphia PA

Summer 2012, Summer 2013

Work Ready Student Youth Assistant

- Developed leadership, teamwork and dedication skills
- Helped to guide students into a positive path and to accomplish goals for success

