

CHRISTINA ROGOWSKI

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SUMMARY

Dedicated School Counseling professional driven to aid youth in overcoming academic, social, and mental health challenges and understand individual strengths, needs, and successes.

SKILLS

- 14 years experience in preschool, elementary, and high school education in the public and parochial settings
- 10 years experience with one-on-one individual student tutoring in reading and math
- 3 years professional experience with technology added learning
- 1 year experience with family-based therapy
- 1 year experience working with students with special needs in a school counseling position
- State Certified: Educational Specialist I in Elementary and Secondary School Counseling
- ASHI Certified: CPR and First Aid
- Strong organizational skills and planning skills
- Excellent communication skills and interpersonal skills in working with students, parents, and faculty members

EXPERIENCE

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| 04/2018 to Current | LTS High School Counselor
The Vanguard School — Malvern, PA |
| | <ul style="list-style-type: none">• Provide support services to assigned students including counseling, behavior management, liaison with parents and other affiliated professionals.• Establish regular contact with students through individual counseling sessions and group guidance activities.• Attend and actively participates in all faculty meetings, in-service meetings, and other meetings as required.• Maintain documentation of all activity regarding student contact, parent contact, and agency involvement. |
| 10/2017 to 03/2018 | Multisystemic Therapist
Child Guidance Resource Centers — Coatesville, PA |
| | <ul style="list-style-type: none">• Provided intensive home and community-based family therapy to children and adolescents displaying social, emotional, and/or behavioral disorders.• Supported and proactively addressed troublesome behaviors and helped children and their families move in a positive direction. |
| | <ul style="list-style-type: none">• Provided complete functional assessments of youth in the family, school, |

and community settings.

- Helped parents and caregivers build supportive networks and empowered them to address the needs of youth and effectively change behaviors.
- Provided a continuum of services including intensive case management, system advocacy, information/referral, therapy (individual to child and adult, family , and couples),and crisis intervention/stabilization.

01/2014 to 10/2017

Group Supervisor

Rocky Run YMCA Child Development Center — Media, PA

- Created a stimulating, nurturing, and safe environment with resources for children to explore, both in learning activities and imaginative play.
- Taught basic skills designed to promote physical, mental, and social development.
- Adapted teaching methods and instructional materials to meet the students' varying needs and interests.
- Established clear objectives for all lessons, units, and projects to communicate to the children.

08/2008 to 06/2014

2nd Grade Teacher

St John the Evangelist School — Severna Park, MD

- Developed and implemented effective lesson plans in all subject areas for a group of 25-30 second grade students.
- Designed technology lessons for interactive units, using the Smart Board, with integrated hands-on activities to foster student engagement and learning.
- Assessed student progress and assigned grades.
- Kept parents informed through a weekly website and progress notes.

08/2005 to 06/2006

Paraprofessional

Wayne Elementary School — Wayne, PA

- Supported students and teachers in the first grade classroom working one-on-one with students requiring academic needs.
- Worked with small groups to reinforce learning.

EDUCATION AND TRAINING

2016

Masters of Education : School Counseling K-12

West Chester University — West Chester, PA, United States

- Practicum: Drexel Hill Middle School: Grade 6
- Internship: Upper Darby High School: Grade 9
- Internship: Glen Acres Elementary School: K-5
- Chi Sigma Iota: Counseling Honor Society: Fundraiser Chair

2004

Bachelor of Arts: Early Childhood/Elementary Education

Neumann College — Aston, PA, USA

ACTIVITIES AND HONORS

- Member of the American School Counselors Association
- Member of Chi Sigma Iota: Counseling Honor Society: Acted as Fundraiser Chair during my time at West Chester University