

**Objective:** I am eager to contribute my passion, experience and education into serving into psychotherapy. I bring a wide range of experience and am excited to apply my skills and to continue learning and growing as a clinician.

## Professional Experience

Master Level Clinical Intern, Laurel House

March 2016 – May 2017

- Conducted individual and group counseling for survivors of domestic violence and intimate partner abuse through the use of Psychodynamic, Cognitive-Behavioral and Solutions Focused therapies with an emphasis on Motivational Interviewing and an understanding of personality theories
- Guided participants to identify non-physical forms of abuse such as emotional and financial abuse as well as manipulation, use of isolation, leveraging children and other behaviors focused on power and control
- Conducted psychosocial assessments that were part of the intake process
- Participants ranged dramatically in age, culture, race, socioeconomic status, gender and sexual identity
- Regularly engaged with group participants during crisis
- Trained on trauma-informed care and power dynamics that contribute to abuse and domestic violence

Master Level Practicum, NHS Human Services Parkside Recovery

January 2016 – May 2016

- Co-facilitated intensive outpatient groups of 25 individuals within a methadone-assisted recovery for opiates.
- Focused on participants' drug use as well as thoughts, emotions and behaviors related to drug use using Motivational Interviewing and psychoeducation.
- Facilitated conflict resolution within the group.
- Supported participants learn new ways to articulate themselves and their emotions

Service Coordinator, Pathways to Housing

February 2010-March 2012

- Supported participants who have severe mental illnesses and a history of chronic homelessness in housing through the Housing First model.
- Supportive case management was provided through the Assertive Community Treatment
- Used motivational interviewing to engage participants in goal making around their mental illness and drug use
- Conducted weekly home visits with participants to support them with their goals of integrating into the community
- Daily documentation was required to capture interactions for continuity of care with my team and billing
- Facilitated community integration through assistance in seeking employment, finding social groups, and initiating meaningful relationships

Co-Founder, Head Chef of Pizza Brain/Pizza Dads Restaurant

March 2012-Present

- I am in charge of the culinary aspect of the business as well as overseeing 28 employees.
- Overseeing operations, modifying best practices, hiring, and training
- Building community partnerships through presentations at local schools, hosting field trips, conducting pizza-making workshops and have provided internships to junior and high school students.

## Education

Master of Arts in Counseling Psychology, 2017  
Concentration: Trauma Studies  
Eastern University

Bachelor of Arts in Youth Ministry, 2007  
Minor: Psychology  
Charleston Southern University