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# **J. R. FUGETT MIDDLE SCHOOL**

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To whom it may concern:

Kaela Revell was a true asset during his recent 600 hour counseling internship at Fugett Middle School. Based on two years as a paraprofessional, Kaela has a strong sense of dealing with students and their academic challenges and getting them to find success – I see this as a great asset in becoming an effective counselor and a valuable asset to students. She responds to student needs with compassion, self-awareness, and student-age appropriate focus. Kaela is a team player and is eager to help her peers and administration. Kaela is a natural leader with colleagues, while balancing an approachable and full picture solution plan to benefit all parties involved.

When assisting students as a counseling intern, Kaela was present and mindful of student's conversation and asked thoughtful, open-ended questions. Kaela's interpersonal skills, her diverse background and non-judgmental personality allows her to make meaningful connections with all different types of students. They feel that she is invested and truly cares about their personal success. She has a specialty in working with students who struggle with executive functions. She has methods and strategies to assist such students with time management, goal setting, career readiness standards and overall organization of material. Kaela has a great sense of humor that allows students to let their guard down and truly express their deepest issues.

Kaela is intuitive with students and to their needs, is a partner to all staff, trustworthy amongst peers and students. Kaela is going to be an incredible resource to any counseling office. The school district that hires her will be incredibly fortunate!

Respectfully,

*Malina A Bowen*

Malina A. Bowen  
School Counselor  
J.R. Fugett Middle School

To Whom It May Concern:

I am an instructor in the MEC School Counseling Program at Wilmington University. I teach Individual Counseling Skills which focuses on active listening skill development, learning behavioral and cognitive skill strategies, and developing relationships with students. I am also a Clinical Faculty Mentor for student interns.

Kaela was my student in Individual Counseling Skills class and I served as her Faculty Mentor for both her internships at Fugett Middle School. This allows me to speak with confidence about her development as a School Counselor. As a student in my class Kaela was earnest and dedicated to not only learning the skills but applying them as she practiced counseling within the classroom and with her student client. Though this is impressive, what truly stands out about Kaela is her innate ability to develop rapport with a client. She has a calmness and warmth which allow a person to relax in her company. This is not something I cannot teach a student so regard it as a valuable strength for a School Counselor.

A clinical internship is a time for the student to stretch their wings and apply what they have learned from class to the role of a School Counselor. Kaela jumped into the internship; working with students, organizing and running groups, asking questions of her Cooperating Counselor, the staff, and myself. Her self-reflections showed keen insight into her strengths and challenges of being a School Counselor. I enjoyed watching her commitment to engaging, helping and guiding her students.

As a School Counselor for 20 years I understand the dedication required to support the students in your care. I have observed and heard that dedication from Kaela. I know that as a School Counselor she will be an advocate, role model and support for the students and school.

Cordially,

Nancy Paist-Riches  
Wilmington University  
Clinical Faculty Mentor  
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