

# Sheronda Howard

---

2002B Sedgefield Dr., Mount Laurel, NJ 08054 | 609-937-3113 | ronda0910@gmail.com

## EDUCATION

### **Master of Arts in Counseling, May 2017**

The College of NJ, Ewing NJ

### **Bachelor of Science in Psychology & Minor in Social Work, August 2013**

Rider University, Lawrenceville, NJ

## SKILLS

Public Speaking  
Conflict Resolution  
Adaptability

Culturally Sensitive  
Evaluation & Assessment  
Problem Solving

Microsoft Offices  
Genesis  
Detailed Oriented

## EXPERIENCE

### **Family Support Worker | BCCAP Healthy Families | July 2017 - present**

- Assist in strengthening the parent-child relationships.
- Assist parents in improving their skills to optimize the home environment
- Assist families in establishing goals and plan for them to accomplish their goals.
- Provide information on age appropriate behavior and child development.
- Identify and refer to other supportive agencies, including health care appointments.
- Conducted in home visitation/counseling
- Utilize a strength-based approach that is family centered.
- Assist with increasing family support system.
- Assist with increasing the family's ability to problem solve and advocate for themselves and children.

### **Counselor Educator/Teacher | Boys and Girls Club | October 2013 – 2014**

- Develop and deliver group counseling services; social skills, anxiety, and grief
- Plan and develop after school programs; art therapy, play therapy
- Develop and deliver in class lesson plans for after school programs clients
- Oversaw over 50 students in grades 3-5

## COUNSELING AND INTERNSHIP EXPERIENCE

### **Burlington City High School | January 2017 – May 2017**

- Counsel students in grades 6-12 to address issues such as academic performance, graduation planning, grief and loss, self-esteem, anxiety, dating violence, and post-secondary plans
- Conducted meetings with school administrator and counselor to provide updates on students' progress
- Consulted with classroom teachers and assistants on students' progress

- Develop and deliver teacher professional development to support the schools' student population
- Develop and deliver group counseling services
- Assist with student scheduling in Genesis
- Skilled in the FASFA, Naviance and the Common Application

**Student Assistant Coordinator | Trenton High School | January 2017 – May 2017**

- Counsel students in grades 9-12 to address issues relating to trauma, social skills, academic performance, graduation planning, post-secondary plans, grief and loss, self-esteem, and teen dating violence.
- Assisted with Alcohol Awareness Month activities
- Advise and assist students in short-term crisis situations
- Assist with anti-bullying prevention activities such as Red Ribbon Week
- Assist with bullying interventions and reporting
- Assist with county substance use surveys

**School Counseling | Cinnaminson Middle School | September 2016 – February 2017**

- Counsel students in grades 6-8 to address issues such as academic performance, anxiety, grief and loss, self-esteem, and social issues
- Develop and deliver group-counseling services: anxiety, bereavement, and social skills.
- Develop and deliver in-class lesson plans; empathy
- Assist with PARCC testing prep as needed
- Assist with Anti-bullying prevention activities such as Red Ribbon Week
- Created and facilitated Mix it Up lunch for students 6-8
- Well versed in 504, IR&S and IEP's
- Assist with HIB reporting and investigations

**Mill Hill Child & Development Center | January 2013- July 2013**

- Accompanied Case Workers on home visits
- Advise and assist youth and their families during crisis
- Develop and implement treatment plans
- Create and develop data assessment progress notes (DAP)
- Assist with Therapeutic Intervention Parenting Class (TIPP)
- Attend monthly meetings with DCP&P
- Utilized art therapy for students ages 2-5

## **ORGANIZATIONS**

Chi Sigma Iota

Honors Society

America School Counseling Association

The Association of Student Assistance Professionals of New Jersey

**References available upon request.**