#### **CORA Services**

CORA is a multi-funded, community-based, non-profit agency, which offers professional services to children, youth and their families. Among the many services provided are: psychological and educational evaluations; speech and language services; individual, family, and group counseling; vocational and career counseling; remedial education; parent education; resource and referral assistance; job training and pre-employment skills. The service approach of CORA is based upon a belief in the value of the person, and apprizing of the individual's unique potential for growth.

www.coraservices.org

#### **Location of Programs**

CORA SERVICES, 8540 Verree Road, Philadelphia, PA 19111. Directions from Roosevelt Boulevard (Rt. 1) -Traveling North on Rt. 1, turn left onto Rhawn Street (if traveling South on Rt. 1, turn right onto Rhawn Street). Drive approx. 1.5 miles and turn right onto Verree Road. After the third light make a left into the CORA Services driveway (there is a sign at the entrance). Park in the first lot on your left. Enter the Reception area and proceed to Conference Center. The CORA Building is wheelchair accessible.

#### **Continuing Education Credits**

CORA Services, is approved by the American Psychological Association to sponsor continuing education for Psychologists. CORA Services maintains responsibility for the program and its content.

CORA Services is approved by the **Pennsylvania Department of Education** to sponsor continuing education for certification under Act 48.

The PA Board of Social Workers, Marriage and Family Therapists and Professional Counselors has approved the credit hours for this conference.

CORA Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5802. Programs that do not qualify for NBCC credit are clearly identified. CORA Services is solely responsible for all aspects of the programs.

Certificates of attendance will be awarded to participants who attend the <u>entire</u> workshop <u>and</u> complete the evaluation form. Partial credits will not be awarded. Late arrival or early departure will preclude awarding of CE credits. CORA SERVICES, INC 8540 Verree Road Philadelphia, PA 19111

## **CORA SERVICES**

**PRESENTS:** 

The Mindful Path to Dealing with Difficult Students – Social Emotional Learning Made Easy with the Prosocial Matrix

**Presented by:** 

Phil Tenaglia, M.A. Family Therapist, Growth Opportunity Center

On

September 14, 2018



Registration Form The Mindful Path to Dealing with Difficult Students -Social Emotional Learning Made Easy with the Prosocial Matrix September 14, 2018 Time: 9:00 a.m. - 12:15 p.m. (Registration begins 1/2 hour prior to stated program time.)

Name
Address
Phone
Email
Fax #

Credits Applying for:

- Act 48
- □ NBCC
- D Psychology credits
- □ SW, MFT & PC

#### Cost of Program - \$100.00

#### Register Online at <u>www.coraservices.org</u> – Events

Or send registration from with check made payable to CORA Services, Inc. to:

#### **Ceil Hanas**

CORA Services, Administrative Offices 8540 Verree Road, Philadelphia, PA 19111 Phone: (215) 701-2629 Email: <u>chanas@coraservices.org</u>

# **Pre-registration is required.** Registration deadline is 9/7/18. **Cancellations made LESS THAN 72 HOURS before the program will NOT be refunded.**

## The Mindful Path To Dealing with Difficult Students – Social Emotional Learning Made Easy with the Prosocial Matrix September 14, 2018

9:00 a.m. to 12:15 p.m.

#### **Presenter:**

**Phil Tenaglia, M.A.,** is a school psychologist and psychological flexibility expert at the Hamilton Educational Program in the Hamilton Township Public School District. He works full-time supporting teachers and students directly in regular and special education classrooms through consultation, counseling, and support. He is also a licensed psychologist and family therapist at the Growth Opportunity Center in Southampton, PA.

Mr. Tenaglia has been a Prosocial Matrix Trainer for 10 years in addition to his many years of study and practice of mindfulness based approaches. Mindfulness and present moment awareness have been extensively researched and incorporated into the Prosocial Matrix approach. The Prosocial Matrix is a collaborate, empowering, evidenced-based approach to developing healthy classrooms and wellness for teachers, students, and parents and is currently being implemented in many schools, classrooms and youth organizations.

#### **Intended Audience:**

This program will benefit Psychologists, Social Workers, Mental Health Counselors, Educators, Principals, Teachers, Graduate Students, and other practitioners within mental health and education who provide direct services and/or parent/teacher consultation for this population.

## **Credits Offered:**

- Act 48: 3.0
- NBCC: 3.0
- Psychology Credits: 3.0
- SW, MFT & PC: 3.0

Cost of Program: \$100.00

#### **Purpose:**

This workshop is the first of a series providing an overview and advance trainings in the benefits of mindfulness approaches and their positive effects on mental health and our ability to lead active and meaningful lives. This workshop is designed to introduce an evidenced-based mindful approach to reclaim students who struggle socially and emotionally and help them get back on the road toward success and fulfillment in education and life. The Prosocial Matrix is a cutting edge approach that is used in elementary and secondary settings and is appropriate for all students. Teachers and educators using it report less stress, increases in achievement and attendance, and happier, healthier classrooms.

## **Objectives:**

As a result of this interactive workshop, participants will:

- Know the basic parts of the Prosocial Matrix
- Know two functional tools from the Prosocial Matrix that can be used by teachers/students immediately
- Know two basic applications of the Prosocial Matrix in the classroom
- Know the basic principles of mindfulness that underly the Prosocial Matrix

## Schedule:

8:30	Registration
9:00	Conference
10:30	Break
10:45	Conference
12:15	Evaluation and conclusion