

CRYSTAL L. DELMONICO

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EDUCATION:

UNIVERSITY of PENNSYLVANIA, School of Arts and Sciences, Philadelphia, PA

Bachelor of Arts, May 2017

Major: *Psychology* Cumulative GPA: 3.31/4.0

COMMUNITY COLLEGE of PHILADELPHIA, Philadelphia, PA

Associates in Arts, June 2015

Major: *Liberal Arts* Cumulative GPA: 3.8/4.0

COMPUTER SKILLS:

Microsoft Office 365, Excel, PowerPoint, Outlook, Statistical Package for the Social Sciences (SPSS)

TRAINING:

Certificate in Mindfulness Training for Children Grades K- 12

March 20- 22, 2015

Mindful Schools

Mental Health First Aid Certificate (MHFA)

February 21, 2018

WORK EXPERIENCE:

ASOCIACIÓN PUERTORRIQUEÑOS EN MARCHA (APM)

Case Manager

January 2018-June 2018

- Conducted risk and safety assessments to determine the needs of the family
- Developed comprehensive service plans for children and their family members
- Served as a court advocate
- Provided home, school, and community visits to access needs and assist in accessing resources
- Planned for the appropriate placement of individuals in kinship or foster care, care program, facility or institution
- Provided crisis management services as needed
- Collaborated with professionals from outside agencies to support clients in meeting identified goals

EDUCATIONAL COMMISSION FOR FOREIGN MEDICAL

June 2017- October 2017

Seasonal Analyst

- Determined international medical graduates (IMGs) eligibility for U.S. residency and fellowship programs
- Observed large datasets to identify, assess, and correct inaccuracies
- Proposed effective solutions for quality-control issues

LIVE NATION

September 2012- October 2017

Usher

- Enforced venue policies and procedures
- Monitored crowd behavior
- Assisted guest to their seats
- Functioned effectively in an energetic, fast-paced, loud environment

LEADERSHIP ACTIVITIES:

PRESENTER at the 2015 WOMEN'S LEADERSHIP CONFERENCE for Women's Outreach and Advocacy Center at the Community College of Philadelphia

- Presented on self-empowerment and determination

COMMUNITY SERVICE/INVOLVEMENT:

- **MINDFULNESS MEDITATION GROUP**: Organized and co-facilitated a meditation group with students at the University of Pennsylvania and helped co-facilitate a group at Northern Liberties and Marward Recreation Center
- **MINDFULNESS IN EDUCATION NETWORK (MIEN)**: Registered attendees at the 2016 conference
- **NORTHERN LIBERTIES RECREATION CENTER**: Tutored and assisted adolescents at the center's afterschool program
- **GIVING BACK COALITION**: Prepared and distributed meals to those who are experiencing homelessness
- **PHILLY AIDS FUND**: Participated in fundraiser activities for HIV education and research
- **PROJECT HOME**: Offered support and assisted women living at the shelter with day to day activities (laundry, served meals, cleaned dishes)