



**AMERICAN SCHOOL OF PROFESSIONAL
PSYCHOLOGY® AT ARGOSY UNIVERSITY**
NORTHERN VIRGINIA

11 March 2018

To Whom It May Concern:

SUBJECT: Letter of Recommendation (Jasleen Parihar, MA)

It is a distinct pleasure that I am able to write a recommendation on behalf of Ms. Jasleen Parihar for a position in your organization. Ms. Jasleen Parihar was a student of mine in a Psychopharmacology course. Each student was required to submit prepare a presentation on a class of medication, review and critique current research and successfully pass multiple examinations. In addition, students were required to understand interpret clinical data, develop differential psychological and medical diagnoses and create appropriate treatment plans for a variety of populations from pediatric to geriatric. Ms. Parihar's performance was above expectation, her literature critiques and paper demonstrated advance thought, appropriate use of research, and sound development of treatment plans. A review of her training files and annual review shows exemplary performance in both intervention and assessment. On her last evaluation the practicum supervisor rated her predominantly exemplary in critical thinking skills, ethical practice, assessment, intervention, diversity, and oral presentation skills. As an intern her performance evaluations were exceptional.

Ms. Parihar has demonstrated considerable growth over during her program of studies. She had taken advantage of her field placements to gain exposure and competency across a number of critical domains. She has excelled in all of her Assessment courses, in Theory and Psychotherapy, and in the Bases courses. In addition she has been working in school settings, with a well respected neuropsychologist, and in a child forensic setting gaining additional skills in the administration of a variety of neuropsychological, cognitive, and forensic assessment instruments. Ms. Parihar continued gaining experience during her internship year at Jewish Family and Children's Services of the Suncoast (JFCS)/Centerstone Consortium with both assessment and intervention. She has excelled in obtaining a varied background that has enable her to be successful in her internship year. She should be challenged with the demands of a varied post doctoral setting that includes medical, integrated services, comprehensive assessment, and acute interventions. Already with a solid base, she should be challenged intellectually and given leadership positions. She needs to be encouraged to take a more assertive role in demonstrating her knowledge base.

In terms of Ms. Parihar's clinical work, she demonstrated extraordinary enthusiasm to learn, excellent clinical skill, and an ability to seek out and complete work to be done. Although she already had a good base of knowledge in psychology, she was and is able to balance her confidence about this with an eagerness to continue learning. Faculty noted that she sought out

new experiences and asks for additional readings. Moreover, she genuinely enjoys the study of psychology as she took every opportunity to engage in discussions about it. She was able to balance theoretical and practical issues when completing evaluations, and she did so in an efficient and reliable manner. Her ability to conceptualize aspects of cases was excellent, and she demonstrated an effective mixture of intuition and quantitative expertise in data interpretation. Her reports were noted to be concise and accurate, and her written communication is a clear strength for her and ultimately became highly valued by other professionals.

Ms. Parihar's personal attributes nicely compliment her clinical and intellectual talents. At the root of it, she is a bright, friendly, down to earth, and pleasant individual. She is independent and extremely resourceful and is able to cooperate with other people. She is charming, perceptive, sensitive, and has a keen sense of social dynamics. Her natural curiosity, organizational skill, and high level of energy combine with her good sense of how systems work to make for excellent productivity. She respects authority and responds to criticism very well; she does not get bogged down in petty details or pretension, and she is able to maintain a healthy attitude and perspective. Indeed, she seemed to absorb the rigors and stress of graduate school with remarkable grace and maturity. I have enjoyed working with her in class, discussions about the field of psychology, and in listening to her enthusiasm about her future in the profession. All in all, Ms. Jasleen Parihar is an excellent student who goes beyond the call of duty in many ways. Her clinical skills and productivity are matched by her pleasant and mature disposition. She will become an excellent psychologist and I give her my highest recommendation. I have written recommendations for many prospective interns and fellows over the past nineteen years as faculty, practicum supervisor and an internship director and Jasleen Parihar is someone I would have gladly accepted for an internship and a neuropsychology training placement without hesitation.

If you require any additional information, please feel free to contact me at 703-526-5831 or e-mail to mdlynch@argosy.edu.

Sincerely yours,

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