# Tichina Kiara Rhodes

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#### **EDUCATION**

The Pennsylvania State University B.S Rehabilitation Human Services Overall GPA 3.40/4.00 University Park, PA
December 2017
Overall Major GPA 3.91/4.00

### **Dean's List Recipient**

Fall 2015, 2016, 2017 Spring 2014, 2016, 2017

#### **SKILLS**

- •Case Management
- Leadership
- •Communication
- Microsoft Office

- Time Management
- Conflict-Resolution
- Composure
- Event Coordinating

#### **EXPERIENCE**

## Covenant House Pennsylvania, Philadelphia, PA, October 2017- present

Case Manager / Activities Coordinator

- Assist in the development, implementation and evaluation of client goal plans
- Supervise all client activity to ensure a safe, healthy environment, which reflects agency principles
- Participate in team case management meetings, case reviews, transition and other team meetings.
- Accurate and comprehensive documentation of information regarding all client interactions, caseload progress, and general information pertinent to a youth's progress
- •Participate in the development of program resources for the population served
- •Attend resident's court hearings, and assist in job placement
- •Coordinate activities each month for youth to do and attend

### KinderCare Learning Center, State College, PA, May 2016-July 2016

Teacher

- · Assisted children with daily routines such as bathroom breaks and naptime
- Brainstormed and facilitated learning activities (arts & crafts, reading /writing activities) for children
- Filed paper work and filled out daily reports in order to give to parents
- · Prepared lunch/snack for while keeping in mind different allergies for specific children

## YMCA, State College, PA, May 2015-July 2015

Front Desk Associate

- Marketed/sold memberships to new walk in customers
- Facilitated tours around the facility for prospect members
- · Answered phones and assisted with questions from customers
- · Worked with different software's and input data for new registrations on a daily basis
- Collected monthly fees from active members

### Penn State Student ID office, State College, PA, May 2015- June 2015

Student service representative

- · Interacted and assisted with answering questions to new freshman students and their parents on a daily basis
- · Marketed Lion Cash to students and families for the upcoming school year
- · Used printing software in order to take pictures for students ID

## **ACTIVITIES**

# Penn state University Track and Field, State College PA, August 2013- June 2017

Student-Athlete 200-400 meter sprinter

- 3 time Big Ten champion 4x400 meter relay/ 3 time All- American 4x400 meter relay
- 4 time Academic All-Big Ten Honors
- Track Team Captain (2015 indoor/outdoor season)

- Balance full time student class load with the necessary requirements of being a Division I student athlete
   Strong time management skills as evidenced by the ability to manage 40+ hours a week
   Developed communication skills and leadership skills from working with a diverse population daily