

### **CORA Services**

CORA is a multi-funded, community-based, non-profit agency, which offers professional services to children, youth and their families. Among the many services provided are: psychological and educational evaluations; speech and language services; individual, family, and group counseling; vocational and career counseling; remedial education; parent education; resource and referral assistance; job training and pre-employment skills. The service approach of CORA is based upon a belief in the value of the person, and appraising of the individual's unique potential for growth.

[www.coraservices.org](http://www.coraservices.org)

### **Location of Programs**

CORA SERVICES, 8540 Verree Road, Philadelphia, PA 19111. Directions from Roosevelt Boulevard (Rt. 1) - Traveling North on Rt. 1, turn left onto Rhawn Street (if traveling South on Rt. 1, turn right onto Rhawn Street). Drive approx. 1.5 miles and turn right onto Verree Road. After the third light make a left into the CORA Services driveway (there is a sign at the entrance). Park in the first lot on your left. Enter the Reception area and proceed to Conference Center. The CORA Building is wheelchair accessible.

### **Continuing Education Credits**

CORA Services, is approved by the **American Psychological Association** to sponsor continuing education for Psychologists. CORA Services maintains responsibility for the program and its content.

CORA Services is approved by the **Pennsylvania Department of Education** to sponsor continuing education for certification under Act 48.

The PA Board of Social Workers, Marriage and Family Therapists and Professional Counselors has approved the credit hours for this conference.

CORA Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5802. Programs that do not qualify for NBCC credit are clearly identified. CORA Services is solely responsible for all aspects of the programs.

Certificates of attendance will be awarded to participants who attend the entire workshop and complete the evaluation form. Partial credits will not be awarded. Late arrival or early departure will preclude awarding of CE credits.

CORA SERVICES, INC.  
8540 Verree Road  
Philadelphia, PA 19111  
Philadelphia, PA 19111

## ***CORA SERVICES***

### ***PRESENTS:***

## ***Technology Addiction: The New Epidemic***

***Presented by:  
Troy L. Brindle, LCSW  
Partner & Director of  
Springfield Psychological***

***On***

***November 9, 2018***



**Registration Form  
Technology Addiction:  
The New Epidemic**

**11/9/18 – 9:00 a.m. to 12:15 p.m.**

(Registration begins 1/2 hour prior to stated program time.)

**Price \$80.00**

Name

Address

Phone

E-Mail Address

Credits Applying for:

- ☐ Act 48
- ☐ NBCC
- ☐ Psychology credits
- ☐ SW, MFT & PC

**Cost of Program - \$80.00**

**Pre-registration is required. Registration deadline is 11/1/18. Cancellations made less than 72 hours before the program will not be refunded.**

**Register online at [www.coraservices.org](http://www.coraservices.org) – Events**  
or send registration form with check made payable to  
CORA Services, Inc. to:

**Ceil Hanas**  
CORA Services  
8540 Verree Road  
Philadelphia, PA 19111  
**Phone (215) 701-2629**  
**Email: [chanas@coraservices.org](mailto:chanas@coraservices.org)**

**Technology Addiction: The New Epidemic**

November 9, 2018 - 9:00 a.m. to 12:15 p.m.

CORA Conference Center

**Presenter:** **Troy Brindle, LCSW**, is a Partner and Director at Springfield Psychological, providing outpatient therapy for the past 20 years, treating a wide range of child, adolescent and adult behavioral health issues including specializing in self-injurious behaviors. Troy has served on the Pennsylvania National Association of Social Work Board of Directors since 2011 in a variety of capacities. He is currently the Co-Chair of the Clinical Care Committee for NASW-PA. Currently, Troy also serves on the Board of Directors for Access Services and two state-wide task forces to transform Pennsylvania's healthcare delivery system. Representing NASW and Springfield Psychological, Troy was recently featured on the nationally televised Informed Series with Rob Lowe for his pioneering work in integrating behavioral health services within 50 primary care settings including AdvoCare Pediatrics, Main Line Healthcare and Penn Medicine.

**Purpose:** This workshop addresses the addictive nature of the internet and the new epidemic our society is facing in the modern age of technology. Emphasis will be placed on effective treatment approaches and strategies to support breaking free from technology addictive behaviors and finding a more balanced approach to maintaining one's overall cyber-wellness and cyber-health. We will explore practical approaches to people's relationship with technology which emphasizes safety, awareness, and respect regarding the use of technology and the internet.

**Schedule:**

8:30	Registration
9:00	Conference
10:30	Break
10:45	Conference
12:15	Evaluation and conclusion

**Objectives:** As a result of this interactive workshop, participants will be able to:

- Learn how to address 4 key areas of technology that escalate addictive behaviors.
- Understand how to identify two effective approaches and two effective strategies to support parents in helping their child/teen balance cyber-health.
- Learn how to recognize and utilize the following terminology: cyber-safety, cyber-awareness, harm reduction and cyber-respect.

**Credits Offered:**

- Act 48 3.0
- NBCC: 3.0
- Psychology Credits: 3.0
- SW, MFT & PC: 3.0

**Intended Audience:** This program will benefit Psychologists, Social Workers, Mental Health Counselors, Educators, Principals, Teachers, Graduate Students, and other practitioners within mental health and education who provide direct services and/or parent/teacher consultation for this population.

**Cost of Program - \$80.00**