

# **GRACE E. COCHRANE, PT, DPT**

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## **Education**

DREXEL UNIVERSITY, Philadelphia, PA

September 2015 – March 2018

- Doctor of Physical Therapy Program – GPA: 4.0
- Participant in Dr. Maria Benedetto's Yoga for Preschoolers Professional Project
  - Led yoga sessions for preschool-age children with and without intellectual and/or physical disabilities; designed a set of yoga flashcards for teachers to use in the classroom; updated yoga scripts

TEMPLE UNIVERSITY, Philadelphia, PA

August 2011 – May 2015

- Kinesiology Program – GPA: 3.93
- Summa Cum Laude, Dean's List

## **Work Experience**

THERAPLAY, INC. – Bensalem, PA

May 2018 – Present

### **Physical Therapist**

- Evaluate and treat children ages birth to 21 years old addressing gross motor skill development, balance and coordination, musculoskeletal and neuromuscular deficits occurring with physical disabilities or after accidents, sports and orthopedic injuries and surgeries; communicate with patients and caregivers, as well as occupational and speech therapists and physicians; assess need for ankle/foot orthotics and other medical equipment such as standers or helmets

MOSS REHAB – EINSTEIN HEALTHCARE NETWORK, Elkins Park & Philadelphia, PA

November 2015 – March 2018

### **Physical Therapy Aide**

- Transported patients to/from physical therapy gym; assisted certified physical therapists and physical therapy assistants in treating patients with various neurological conditions; helped staff obtain wheelchair equipment for patients; maintained organization and safety in the physical therapy gym; delivered weekly therapy schedule to patients; communicated with medical providers, such as nurses, occupational therapists, and speech therapists

NEMOURS ALFRED I. duPONT HOSPITAL FOR CHILDREN – Wilmington, DE

January 2018 – March 2018

### **Clinical Internship**

- Evaluated and treated children requiring acute and rehabilitative physical therapy services for various orthopedic, intensive, and neonatal needs; developed an informational brochure for patients and caregivers discussing Halo Traction and the pediatric spine; communicated with patient and caregivers, as well as the following medical team members: physicians, advanced practice and registered nurses, rehab therapy technicians, child life, social work, and other therapy service providers; observed physical therapists practice in the gait analysis laboratory, outpatient clinic, and in Lawall Prosthetics and Orthotics

FAIRFAX COUNTY PUBLIC SCHOOLS – Falls Church, VA

September 2017 – November 2017

### **Clinical Education III**

- Evaluated and treated students of the FCPS district in preschool, elementary school, middle school, high school, and home settings who had various orthopedic and neurological conditions; communicated with fellow IEP members about students' status, including parents, nurses, teachers, occupational therapists, speech therapists, assistive technology support staff, instructional assistants, and physical education teachers; learned common sign language symbols; attended professional development meetings with fellow physical and occupational therapists; attended a continuing education course on Surestep Supramalleolar Orthoses

NOVACARE – ROCKLEDGE, Rockledge, PA

April 2017 – June 2017

### **Clinical Education II**

- Evaluated and treated patients between the ages of 7-93 years old who had various orthopedic conditions, including those who were post-operative; communicated with fellow certified physical therapists, physical therapy assistants, and the center's support staff; attended a continuing education course on manual therapy techniques; presented an in-service on balance training for the elderly

CONCENTRA MEDICAL CENTER – AIRPORT, Philadelphia, PA

October 2016 – December 2016

### **Clinical Education I**

- Evaluated and treated patients who were injured through work-related accidents; reviewed radiographs with the center's physician and physician assistants; observed the presiding physical therapist and medical assistants conduct pre-employment screening assessments; presented an in-service on the use of neuromuscular electrical stimulation for improving muscle strength

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BUSTLETON SWIM CLUB – Philadelphia, PA

May 2008 – September 2015

## Lifeguard

- Taught swimming lessons to children between the ages of 2-7 years old with and without intellectual disabilities; maintained order and safety at the swim club; performed routine janitorial work; communicated with fellow lifeguards, Club Board members, and patrons on daily basis

TEMPLE UNIVERSITY CAMPUS SAFETY SERVICES

January 2012 – May 2015

## Secretary

- Organized the department's monthly billing records; answered telephone calls; filed paperwork; assisted with testing applicants for officer position; scheduled Cogent fingerprint appointments for students and faculty

## Current Certifications and Memberships

- American Heart Association August 2016 – August 2018
  - Basic Life Support (CPR and AED)
- American Red Cross April 2018 – April 2020
  - Lifeguarding/First Aid/CPR/AED
- American Physical Therapy Association Current
  - National Student Membership
  - Academy of Pediatric Physical Therapy Membership
  - Pennsylvania Chapter Student Membership

## Professional and Community Involvement

SAINT CHRISTOPHER PARISH CHURCH

2005 – Present

### Lector and Volunteer for Children's Liturgy of the Word

- Volunteer to read during weekend and Holy Day Masses
- Volunteer to teach children Bible Study lessons during Masses

DREXEL UNIVERSITY – DOCTOR OF PHYSICAL THERAPY PROGRAM

June 2017 – Present

### Mentorship Program

- Advise and mentor incoming DPT students about the program

SWIM TANK, Nemours Hospital for Children, Wilmington, DE

February 2018 – March 2018

### Volunteer

- Assisted children who have neuromuscular disorders participate in aquatic classes

DREXEL UNIVERSITY - COLLEGE OF NURSING AND HEALTH PROFESSIONS

July 2016 – August 2017

### Babysitter for Mother Baby Connections Program

- Babysat infants ranging in age from 3-18 months old while their mothers received treatment for postpartum depression and/or anxiety

TOPSoccer, Upper Dublin, PA

April 2016 – June 2017

### Volunteer

- Assisted children with special needs through intramural soccer program

ATHLETES HELPING ATHLETES, Southampton, PA

April 2016 – April 2017

### Volunteer

- Assisted children who have special needs in sports-related exercises and activities

## Recommendations

Dr. Maria Benedetto, PT, DPT, PCS, FCPP

- Email address: [mb53@drexel.edu](mailto:mb53@drexel.edu)
- Office phone: 267-359-5551
- Relationship: professor at Drexel University; participant in her Yoga for Preschoolers Professional Project

Adrienne "AJ" Moffitt, MSPT, PCS

- Email address: [anmoffitt@fcps.edu](mailto:anmoffitt@fcps.edu)
- Office phone: 571-423-4864
- Relationship: clinical instructor and mentor during my Clinical Education III experience at Fairfax County Public School District