

## Summary

Passionate, self-aware and person-centered substance abuse counselor committed to facilitating growth in individuals and families seeking treatment for chemical dependency. Knowledgeable in co-occurring disorders, counseling theories, and evidence-based interventions relative to clients stage of change and cultural differences. Extensive experience conducting one-on-one and group counseling, performing assessments and working collaboratively with treatment team to analyze and synthesize clinical data to formulate individualized treatment plans.

## Education

**Hazelden Betty Ford Graduate School of Addiction Studies - Center City, MN**

**05/2017 - 08/2018**

MA Addiction Counseling - GPA 3.91

**Drexel University - Philadelphia, PA**

**09/2006 - 06/2010**

B.S. Business Administration, Concentration: Marketing - GPA 3.62

## Skills

- ▶ Proficient in database management systems to document clinical assessment records, diagnoses and treatment plans
- ▶ Clinical evaluation, client orientation, treatment planning, case management, and individual and group counseling
- ▶ Knowledge of twelve step facilitation, cognitive behavioral therapy, and alternative substance abuse treatment approaches
- ▶ Advanced training in substance abuse treatment for adolescents, LGBT individuals and persons with HIV/AIDS
- ▶ Strong understanding of the role of psychopharmacology in relation to drugs of abuse, withdrawal management, anti-craving addiction medication, and medication management for mental disorders
- ▶ Corporate level managerial experience; training, scheduling, goal setting, delegating responsibilities
- ▶ Ability to utilize strong communication skills to establish a trusting therapeutic alliance early in treatment

## Experience

**Hazelden Betty Ford Foundation - Center City, MN**

**01/2018 - 09/2018**

Addiction Counselor Intern - Adult Residential Treatment

- ▶ Provided direct services to personal caseload including orientation tasks, scheduling coordination, development and maintenance of treatment plans, and continuing care planning
- ▶ Utilized the American Society of Addiction Medicine (ASAM) assessment and DSM-V diagnostic criteria to inform client treatment planning & ensure clients were placed in the appropriate level of care
- ▶ Actively collaborated in clinical process meetings with treatment team to monitor clients performance and ensure individualized treatment needs were met
- ▶ Completed requirements for timely documentation in the clinical record of assessments, diagnosis, treatment plans, and continuing care plans
- ▶ Led individual, family and group counseling sessions; emphasis on addiction psycho-education, cognitive-behavioral processing and development of healthy coping strategies to utilize in recovery

**Hazelden Betty Ford Foundation - Plymouth, MN**

**09/2017 - 12/2017**

Addiction Counselor Intern - Adolescent Residential Treatment

- ▶ Worked alongside clinical supervisor to conduct initial substance abuse assessments, develop individualized treatment plans, and monitor and document clients treatment progress
- ▶ Oversaw all 3rd party communication pertaining to client treatment including bi-weekly parent conference-calls, continuing care coordination, referrals, and mandated legal reporting
- ▶ Tasked with developing and presenting an educational lecture series on "Sober Fun" for adolescent clients
- ▶ Co-facilitated the weekly opiate support group and LGBT support group ensuring a safe space for client processing

**Club Monaco, Ralph Lauren Corporation- New York, NY**

**03/2012 - 01/2017**

Menswear Merchant - Asia & Middle East

- ▶ Developed, executed and monitored Men's Merchandising Strategy as part of the company's global expansion initiative
- ▶ Doubled Asia Menswear store count to 34 in two years as a result of five year positive sales trend
- ▶ Assumed managerial responsibility for five direct reports as a result of successful implementation of International Merchandising's "Employee On-boarding & Development" program

## Volunteer Work

The Leo & Peggy Pierce Family Foundation - Ardmore, PA

09/2016-Present

SquashSmarts - Philadelphia, PA

06/2008- Present

East Harlem Tutorial Program - New York, NY

11/2016-07/2017