

Nematullah Vasowala, Physical Therapist

1 S Woodleigh Drive, Cherry Hill, NJ 08003

Email : nematullah.vasowala@gmail.com

cell no: 856.507.3052

Education

Maharashtra University of Allied Health Sciences (August 2005 – March 2010)

Bachelor of Physiotherapy (BPT)

- Graduated July 2009
- Recognized by the Indian Association of Physiotherapists

Credentials

- Licensed Physical Therapist for New Jersey; License Number 40QA01668100
- Pelvic Floor I trained by Herman and Wallace, June 2018
- McKenzie trained for Lumbar Spine 28th July 2017
- NPI : 1073058566
- CAQH : 13838972

Current Employment:

Atrium

Full time – Staff Physical Therapist (March 5th 2018 – Present)

Post acute center in Woodbury providing Physical Therapy to patients with Workmans Comp injury, commercial insurance due to general weakness and deconditioning after recent illness, post-operative to prepare for safe DC to home or prior living environment. Common PT interventions include: Stair training ,car transfers, muscle strengthening using isokinetic, isometric and PRE exercises, balance Tx using balance pad and dynamic balance activities in sitting and standing, extensive gait training with and without AD, outdoor ambulation to prepare for community re-entry. Also worked with outpatient population for low back pain and frozen shoulder. Provided AQUA therapy with great results for musculo-skeletal dysfunction. Part of inter-disciplinary team to assist with discharge planning. Focused on home exercise program and possible transition to home based therapy. Able to assess proper DME requirements for improving safety and balance as required in discharge setting.

Advance Spine and Pain Physical Therapy (October 2nd 2017- February 28th 2018)

Full time – Lead Physical Therapist as a busy privately owned Physical Therapy clinic in downtown Trenton serving population from teenage till geriatrics with wide variety of orthopedic, neurological and musculoskeletal dysfunction to improve pain, range, strength and functional mobility training to return to prior level of function. Good background in treating workman compensation patient injuries and assisting them to recover function to return to independent and safe transition to work. Extensive use of HEP and patient education using teaching materials to improve compliance. Co-ordinating care with peer review and utilization review for workman's compensation. Act as liaison between front desk to obtain authorization status for WC and Medicaid plans. Work in conjunction with PT aide. Efficient with Practice Fusion EMR.

Reason for leaving : personal reasons.

Vitality 2 U, Voorhees (July 2017 – September 2017) – Home Care

Full time – reason for leaving : Unable to get full time hours with Home Care

Fast Track PT - Somerdale (June -July 2017)

Per Diem Physical Therapist

Medford Care Center, Medford ,NJ(June 2017)

Full time - Reason for leaving : unable to tolerate physical challenges required by setting.

Rehab Excellence Center, various locations (April 18th 2017 – June 23rd 2017)

Recent Experience

CARE Center of South Jersey, Cherry Hill, New Jersey (December 27th, 2016 - February 10th, 2017)

Full time Physical Therapist

Working as a Physical Therapist in a multi-specialty clinic along Chiropractic Care and Acupuncture performing updated plan of care, initial evaluations to provide skilled PT services to patients in outpatient clinic along with overseeing a PT assistant. Heavy volume of hands on intervention for musculo-skeletal dysfunction, movement disorder of the spine, traumatic and non-traumatic rehabilitation of joints, rheumatoid arthritis of hands, movement dysfunction has been the prime focus of my care along with close monitoring of home instruction program. Spectrum of patient population served is minors until geriatric.

Utilizing an electronic EMR for billing and documentation, coordinating with liaison staff, oversee PTA and front desk to have flow of patient smoothly transition between Chiropractic care, Acupuncture and Physical therapy. Adhering to new CPT codes along with staying up-to-date with current literature for models of treatment has been my principle to achieve the best possible patient outcome and satisfaction of quality of service delivered in providing medical care.

Terminated as they hired another PT during maternity leave.

Ultima Rehab, Home Care (November 2016)

Per Diem Physical Therapist

Strive Physical Therapy and Sports Rehabilitation, Voorhees, New Jersey (October 12th 2016 - December 2016)

Per Diem Physical Therapist

Alliance Rehab, Voorhees, New Jersey (October 1st, 2016 - November 2nd, 2016)

Full time to Per Diem Physical Therapist

Rehab Excellence Center, Hainesport, New Jersey (June 2016 - September 2016)

Clinical Director

- Evaluation, diagnosis and treatment of patients with movement dysfunction, post-operative care and rehabilitation using Therapeutic exercises, Neuromuscular training, Balance and agility training, pain relief using electrotherapy modalities. Perform diagnostic tests and measurements, such as the mobility/range of joints, transfer status, stability, patterns and appearance of ambulation, strength and endurance of muscles, balance testing, and safety assessments. Educate and instruct clients, family members, or other client representatives, in rehabilitative care and activities necessary to promote the client's health, safety, and independent living.
- Timely coordination with doctor's office about progress of patient and sending regular notes.
- Establishing a very close working relationship with the orthopedic referral community and worker's compensation, maintain aggressive hands-on clinical care and timely communication at its core.
- Monitor patient data intake, referral log and schedule book organization.
- Develop and maintain a proficiency with the clinical Web PT (Electronic Physical Therapy Notes system) and some working familiarity with Kareo (Electronic Clinical Billing System).
- Support front desk staff as communication liaison (phone/fax) between all customers (patients, physicians, employers, payors, etc.) at the facility.

Reason for termination: Family ties and pregnancy.

Related Experience

Natural Medical, New York, New York (February 2016 – March 2016)

Full time Physical Therapist

Theradynamics, New York, NY (January 2016 – February 2016)

Per Diem Physical Therapist

Independent Contracting, Staten Island, NY (June 2013)

Per Diem Physical Therapy Assistant

Village Care Nursing Home, New York, NY (April 2013 – May 2013)

Per Diem Physical Therapy Assistant

RCM Healthcare, New York, NY (February 2013 – March 2013)

Per Diem Physical Therapy Assistant

PORT, New York, NY (March 2012 – December 2012)

Full time Physical Therapy Assistant

Rehab Resources, St. Luke's Healthcare, Oswego, NY (December 2010 – July 2011)

Limited Physical Therapist (temporary license for NYS) for full-time, permanent basis

- Adult care - Geriatrics, Post surgeries (hip/ knee replacements, coronary bypass graft surgeries, mobilization after fractures), acute fracture.
- Exposed to post stroke neuro-muscular rehabilitation for adults, nursing wounds for residents by appropriate use of E-Stim and actively playing a key role in Wound Team, recommended or modified any adaptive equipment for residents such as anti-tipper wheels, changed from a regular wheelchair to a high reclining wheelchair for pre-operative spinal cord injury patients, helped residents regain pelvic muscle strength to control incontinence, attended weekly Inter-disciplinary team meeting for long term care residents to discuss and address recent issues and family concerns for discharge, and continued care or with recent admission.
- Performed initial assessments for newly admitted patients and establishing their plan of care, documenting progress through weekly progress notes, performing MDS for long term care residents.
- Eased the transition from SNF to home by providing inputs at the discharge meetings.
- Performed a home evaluation of residents for safety while being discharged to home.
- Conducted group therapy to improve socialization amongst residents, provided a means of confidence to residents to boost up their morale on topics such as relaxation techniques, balanced training etc., and screened residents on Med B for significant decline in functional status quarterly based on medical charts.

Skills

- Proficiency with Practice Fusion, systems4PT, Revflow, WebPT, SOS, CASAMBA, Sigma Care, Rehab Optima, and Care Point.
- Extensive manual therapy for joint pain relief in frozen shoulder, PA glides for lumbar spine, MWM glide for tennis elbow
- Creating extensive Work Conditioning protocols
- Time management and therapy-program design/execution.
- Hardworking, dedicated and enthusiastic team player.

Continuing Professional Development

- Professional Workshops attended:
 - ICU and Critical Care Management conducted by Department of Physiotherapy.
 - Manipal College of Allied Health Sciences, Manipal University, Manipal on 6th and 7th February, 2009 - CONTACT HOURS: 16.
- NAAC Accredited, National Conference on Sports at Sir Parshurambhau College, Pune on 27th to 29th December 2007.
- The Shoulder Complex – Controversies and Clinical Implications at Holy Complex, Banda, Mumbai on 1st September 2006.

Extracurricular Activities

Played an instrumental role in organizing the following health camps:

- One-day Physiotherapy camp - Manjari (Bk) Village by New Law Academy, Pune (Dec2007)
- Medical Team Member(06.12.2009) -Road Races of 24th Pune International Marathon 2009 – Race against AIDS
- 3One-day camp - member of Sports Physiotherapy team -Inter NGO Cricket Tournament 2008-2009 &2009-2010.

Community food service and cooking since 2011

Further Clinical interests: Vestibular Rehabilitation, Graston's Technique, LVST