# REBECCA ADLEBERG

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## **EDUCATION**

Temple University; Masters of Education in Counseling Psychology.

Towson University; **Bachelor of Science, with Honors in Psychology.** Honors Thesis in Forensic Psychology. **Bachelors of Fine Arts in Acting (Theatre Arts).** Thesis in Creative Arts Therapy.

### RELEVANT EXPERIENCE

Freire Charter Middle School

August 2019 - Present

# **Family Therapy Graduate Intern**

• Provided 1:1 therapy, as well as creative art modalities for the entire middle school population to promote social/emotional learning. Developed art therapy techniques that have been implemented on 23 total kids.

Juvenile Justice Center of Philadelphia

January 2019 - May 2019

#### **Graduate Level Practicum Student**

- Providing 1:1 therapy, as well as group counseling
- Facilitating intakes and treatment planning

Towson University Counseling Center

August 2013 - June 2016

#### Sexual Assault Peer Educator, Head of Outreach

- Worked to develop programming on sexual assault prevention tactics for the undergraduate student population. Became the leading resource for fraternities, increased mandatory Greek Life meetings by 100%.
- Contacted outside organizations for donations of supplies and resources, as well as coordinating speakers to be used for programming. Increased engagement at presentations by 68% with a \$0 budget.

International Rescue Committee

May 2015 - September 2015

#### Case Worker Intern: Refugee Resettlement and Human Trafficking

- Prepared pre-arrival paperwork for new refugees as well as filing all necessary government paperwork to ensure easy transition at arrival. Supported 22 new cases throughout the summer relocating 36 new refugees.
- Advocating for refugees at outside appointments, and forwarding them to necessary services. Ensured care for 100% of cases.

Vaccaro's Italian Pastry Shop and Cafe

August 2012 - August 2015

## **Assistant Manager**

- Was responsible for 100% of new employee training as well as seasonal hiring.
- Other responsibilities included serving customers, closing and opening the store, paperwork, maintaining the register and keeping stock of inventory.

#### PROFESSIONAL SERVICE

Temple University Student Mentor

August 2019-Present

• Helping 3 first year students navigate the initial challenges of graduate school in order to reduce stress and anxiety. Secured a 100% success rate for internship placement.

Camp Sun Sibs, Johns Hopkins Pediatric Oncology

August 2018-Present

**Counselor and Planning Committee Member** 

Responsible for programming of 3-day weekend camp for siblings of pediatric cancer patients. During the year;
 Responsible for development of programming and allocating funding for camps. Successfully stayed under the \$500 budget for supplies using donations and funding.

Johns Hopkins Pediatric Oncology: Camp Sunrise

June 2014-Present

#### **Head Counselor**

- Responsible for 24 pediatric cancer patients (ages 14-16) 24/7 for full week in summer at a therapeutic sleepaway camp.
- Implemented behavioral training for counselors in order to provide de-escalation techniques, as well as helping with homesickness.

### RESEARCH EXPERIENCE

New York University; NYU Steinhardt Literacy Lab

January 2019-April 2019

#### Research Assistant

- Traveled to 5 different Philadelphia Public Schools in order to facilitate literacy assessments for 75 total children
- Tracked data from all assessments

Temple University <u>December 2017-March 2018</u>

# **Research Assistant**

- Dissertation of PhD Candidate Anastasia Sorokina.
- Transcribed 15 total hour long sessions and coded for several different elements.

Towson University

June 2016

Undergraduate Honors Thesis: Principal Investigator; Supervised by Dr. Jeff Kukucka.

"Pants on Fire: Does Watching Lie to Me Affect Viewers' Ability to Detect Lies"

Towson University

June 2016

**Undergraduate Thesis: Principal Investigator**; Supervised by Dr. David White.

"Annie Put Down Your Gun: Musical Theatre Therapy with Incarcerated Criminals"

Towson University: Title IX Office

August 2013 - June 2016

**Research Assistant** 

"Rape Myth Acceptance Belief in Adult Males" (research ongoing)

# **PUBLICATIONS AND PRESENTATIONS**

Springer Publications: Practical Case Studies Work Text for Counselors: Applying Decision Making Models.

Contributing Author; Publication Spring 2020

### **Eastern Psychological Association Conference Presentation**;

March 2017

Pants on Fire: Does Watching Lie to Me Affect Viewers' Ability to Detect Lies

# **TEACHING EXPERIENCE**

Temple University; Graduate Counseling Program

August 2019-December 2019

### Teaching Assistant (Non-Union): Graduate Level Course: Fundamental Counseling Techniques

• Created Microsoft Power Points using developed lesson plans, in order to provide lectures for a total of 5 classes to 16 students.

# **SKILLS**

Team player, strong interpersonal skills, ability to multitask, proficient in the entire Microsoft suite as well as SPSS.