

**Nyeshia Spuriel**  
**2310 Moore. Street, Apt. 2fl.**  
**Philadelphia, PA 19145**  
**nyeshaspuriel@gmail.com**  
**H (267) 597-0166**

### **CAREER OBJECTIVE**

I am a patient, empathetic, analytical and reliable CDA worker.

### **Summary of Qualifications**

- Certified knowledge of human behavior and performance; individual differences in ability, personality, and interests; learning and motivation; and the assessment and treatment of behavioral and affective disorders.
- Excellent knowledge of principles, methods, and procedures for diagnosis, treatment, and rehabilitation of physical and mental dysfunctions, and for career counseling and guidance.
- Knowledge of group behavior and dynamics, societal trends and influences, human migrations, ethnicity, cultures and their history and origins.
- Ability to give full attention to what other people are saying, take time to understand the points being made, and ask questions as appropriate.
- Patient, detail-oriented and very easy to communicate with.

### **Work Experience**

**Resources For Human Development**, Philadelphia, PA, August 2014- September 2017

Residential Counselor

- Counseled individuals with an emphasis on prevention and intervention to promote optimum mental health.
- Helped individuals deal with addictions and substance abuse; family, parenting, and marital problems; suicide; stress management; problems with self-esteem; and issues associated with aging and mental and emotional health.
- Encouraged participants to express their feelings and discuss what is happening in their lives, and help them develop insight into themselves and their relationships.
- Guided participants in the development of skills and strategies for dealing with their problems.
- Prepared and maintained all required records and maintained client progress notes for review and continuity of care and confidentiality.
- Collaborated with various outpatient community outreach services to support clients transitions within their community.

**Jane Addams Place**, Philadelphia, PA, October 2012- August 2015

Residential Advisor

- Completed families intake upon arrival to identify resources and support they needed to secure permanent housing.
- Sustained an enriching environment that consisted of the Sanctuary Model for the families residing in the emergency shelter.
- Helped families cope with stressors that was related to their homelessness, such as addiction , parenting, and stress management.

- Assisted families develop skills and strategies to deal with their problems.

**BPUM Center**, Camden, New Jersey, May 2009- March 2013

Youth Care Worker

- Completed youth intake to identify the appropriate program and resources they needed to be successful in the afterschool program.
- Provided formal and informal counseling to youth that emphasized on prevention and intervention to that addressed bullying, peer pressure, and illicit drugs.
- Guided the students youth in a positive manner at all times to model appropriate behaviors.
- Ordered supplies and materials from the Archdiocese of Camden, New Jersey as well as maintained a point of service records.

## **Education**

- Youth build  
Philadelphia, PA

Graduated with a Diploma  
Attended classes: 09/00 – 06/04

1199C training program  
upgrading fun

Attended :06/18 - 09/05

Harcum College  
Philadelphia, PA

Major: Human Services  
Attend classes: 09/15- Present

## **REFERENCES**

Professional references available upon request