## LATIFA UQDAH

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Nutrition and health have been the foundation of my professional and educational experiences. It is my sincere passion to provide health and wellness education and services to children, adults, families, and communities in various settings.

My professional experience has been obtained from the Health Federation of Philadelphia, Public Health Management Corporation, Children's Hospital of Philadelphia, Temple University Episcopal Hospital, and the Center for Obesity Research and Education. I have also obtained more relevant experience with Nice Town CDC and the Laborers Local 332 events and programs.

Skills that I demonstrate include leadership, multi-tasking, working independently as well as a part of a group. I have proven the ability to deliver excellent written and oral communication as well as advanced computer skills. Strong administrative, organizational, presentational, analytical, and interpersonal skills are also at the forefront of my services.

Overall, I have acquired significant education and experience that qualifies me for this position. Bringing these outstanding skills and services to your company is my ultimate purpose. I am eager for the opportunity to demonstrate my professionalism to you.

Thank you for our consideration and I hope to hear from you in the near future.

Sincerely Yours, Latifa J. Ugdah