

LATIFA UQDAH

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EDUCATION

California University of Pennsylvania **2013**

Master of Science: Health Promotion

Temple University **2011**

Bachelor of Science: Public Health

CERTIFICATIONS

Serve Safe Certification 14232751

Expiration Date 9/19/2021

ADDITIONAL RELEVANT EXPERIENCE

Nicetown Community Development Corporation (Nutrition and Health Programs Contract)

Health Educator Summer 2015, 2016, 2017

- Developed and implemented a one week “Kid Fit Camp” programs for school aged children and their families for the Nicetown CDC residents and community.
- Provide nutrition and health education and activities to children and their families.
- Some example activities that I have created include:
 - “Cook and Craft,” “Mommy and Me activity,” and “How many Fruits and Veggies”

Laborers Local 332 Seasonal Health and Wellness Events (Nutrition and Health Sessions Contract)

Health Educator Summer 2016, 2017, 2018

- Assist in the planning, development, and implementation of nutrition education programs.
- Provide nutrition and health education and activities to families at health fairs and events.

EXPERIENCE

Health Federation of Philadelphia (Program: Child Parent Project)

Research Assistant November 2015- October 2017

- Recruited, enrolled, and scheduled all study participants including children age birth to 7 years, parents, and care givers.
- Explained program and research protocols and obtained informed consent.
- Conducted baseline and follow-up interviews and assessments by phone, in the home, clinic, and community.
- Supported participant retention through follow-up by phone, email, and text message.
- Utilized database for data entry, documentation, and update of all participant information.
- Maintained tracking systems and detailed record keeping of collected and entered study data.
- Created documents to manage data, summary reports, and status updates.
- Contacted other agencies on behalf of participant to obtain and provide information.
- Provided clerical support such as faxing, copying, distributing and filing study material, conducting inventory, and maintaining office supplies.
- Facilitated events providing information about the study to potential participants, communities, and other agencies.

Public Health Management Corporation (Program: Plain Talk)

Interviewer January - November 2015

- Conducted outreach with hard to reach study participants which included youth and parents.
- Scheduled and completed interviews with participants by phone, in office, and community.
- Assisted families with health and wellness resources.
- Coordinated ongoing recruitment and follow-ups.
- Maintained data electronically and performed data analysis.

Children's Hospital of Philadelphia

Research Assistant March 2013- December 2014

- Scheduled and conducted interviews, surveys, and questionnaires.
- Maintained data electronically and performed data analysis.
- Collected and entered all study data.
- Created presentations and summary reports.

Temple University Hospital - Episcopal

Mental Health Worker February 2010- December 2012

- Assisted patients with meeting treatment plan goals related to mental health, addiction, sexual health, physical health, and nutrition.
- Maintained daily documentation of observed behavior in patient charts.
- Implemented therapeutic patient group activities.
- Obtained patient vital signs.
- Conducted patient 1 on 1 observations and hourly rounds.

Center for Obesity Research and Education (Program: Get Healthy Philly)

Research Assistant September 2009- August 2011

- Conducted outreach to complete interviews, surveys, and questionnaires with students, parents, and community members in person, in school, and community settings.
- Obtained BMI measurements, body composition, blood pressure, demographic information, dietary intake, and physical activity data from school aged children at their schools.
- Maintained data and performed data analysis.