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Aidia Valentine  
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## OBJECTIVE

To find a challenging position in the medical field that utilizes my skills and experience.

## EDUCATION

CPR - First Aid 09/15

Certified

Central Service Technician (Thomas Jefferson University Hospital)

04/07-07/07

Certificate Awarded

William Penn High School 09/05-06/06

High School Diploma

Home Care Associates 11/04-12/04

Certificate Awarded

## EXPERIENCE

United States Postal Service 04/16-Present

PSE Mail processing clerk

Use machines to sort and prepare **mail for** distribution. Prepare **mail** to be loaded onto carrier trucks. Load postal trucks and ensure parcels are packed in delivery route order. Load and operate **mail processing**, sorting, and canceling machinery.

United States Postal Service 11/15- 1/16

Mail Handler Assistant

Load, unload, and sort containers of mail, transport mail and empty equipment throughout a Postal facility. Open and empty sacks of mail; repeatedly lift and carry parcels and sacks weighing up to 70 pounds; and push rolling containers weighing up to 1,500 pounds.

Carson Valley Children's Aid 09/15-Present

Youth Care Worker

Responsible for assisting and promoting the personal and social development of young individuals on a residential campus between 13 and 15 years of age. Implement the treatment plan goals by monitoring and supporting individuals in the residential program. Insure the safety, and well being of the residents by promoting positive personal and social development skills and encouraging young people to participate in taking action in issues affecting their lives.

Jev's at Home Services 12/11- 12/15

Direct Care Worker

Assist consumers with daily grooming such as bathing, hair care, dressing, and skin care. Assist with meal preparation such as low fat and dieting. Also assist with laundry, light housekeeping, weekly food shopping, and medication.

Special People in the Northeast 06/11- 03/15

Direct Support Professional

Assist and implement all activities of daily living. Maintain a positive/healthy relationship with families of consumers, advocates, social services agency staff and the general public. Record all progress notes, documents, activities, and maintain consumers records. Ensure compliance with medical issues specifically medication administration, implementing prescribed treatment procedures and reporting consumer's illness. Drive/assist to and from scheduled doctors appointments. Provide home care to consumers in their

homes such as meal planning and preparation, feeding, encouraging and restricting fluids, bathing, dressing, shaving, hair care and inspecting skin for breakdowns. Followed universal precautions for infection control, inspected, and reviewed safety hazards.

Edens Paratransit

11/10- 06/11

Driver/Transporter

Provide door-to-door transportation service for the elderly and disabled individuals. Communicate via a two way radio system in accordance with septa's practices and policy. Provide assistance to customers as required.

Protocall Staffing

01/10- 12/10

Environmental Service/Housekeeper

(Einstein Hospital)

Provided patients with safe and environmentally responsible cleaning solutions to help reduce contaminated germs within the facility. Cleaned and sanitized patient hospital room and bathrooms. Cleaned outer areas, such as nurse's stations hallways, lobby's and visitor's lounge. Pulled bio-hazardous material/waste and clear trash, high dust, mop, and vacuum floors.

Horizon House

03/08- 01/10

Residential Advisor

Assist and implement all activities of daily living. Maintain a positive/healthy relationship with families of consumers, advocates, social services agency staff and the general public. Record all progress notes, documents, activities, and maintain consumers records. Ensure compliance with medical issues specifically medication administration, implementing prescribed treatment procedures and reporting consumer's illness. Drive/assist to and from

scheduled doctors appointments. Provide home care to consumers in their homes such as meal planning and preparation, feeding, encouraging and restricting fluids, bathing, dressing, shaving, hair care and inspecting skin for breakdowns. Followed universal precautions for infection control, inspected, and reviewed safety hazards.

Inglis House

08/05- 03/08

Home Care Attendant

Worked with wheel chair bound, disabled, and elderly consumers. Provided home health service to consumers in their homes such as meal planning and preparation, feeding, encouraging and restricting fluids, bathing, dressing, shaving, hair care and inspecting skin for breakdowns. Assisted with Range Of Motion (ROM) exercises per therapist.

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