

# Ithan Sokol

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## Education

### **M.A. Forensic Psychology 2018**

Nathan Weiss Graduate College, Kean University, Union, NJ  
GPA: 3.98

### **B.A. Psychology, minor in Criminology 2014**

Rutgers University, New Brunswick, NJ  
Magna Cum Laude

## Clinical & Counseling Experience

- Supervised students and residents ages 3-19 years old diagnosed with psychiatric mental illnesses, developmental and intellectual disabilities, self-harmful and conduct disordered behaviors, and coexisting substance abuse disorders
- Facilitated daily structure, including recreational and learning activities to promote team building as well as strengthen self-esteem, problem solving, and functional living skills; promoted therapeutic coping techniques such as relaxation, anger management and impulse control
- Participated in treatment team planning to review progress of learning and growth and develop behavioral treatment plans
- Responded promptly to crisis situations, performed verbal de-escalations and applied physical restraints when necessary
- Documented progress of residents and students, actively involved family members in treatment process of students
- Implemented research-backed activities during one-on-one sessions to strengthen cognitive learning skills including attention, processing speed, reading comprehension, logic and reasoning, visualization, and memory
- Tracked individual clients' cognitive improvement using daily task forms, lesson plans, and progress reports
- Provided one-on-one assistance to children with autism, contributing feedback to treatment goals and creating lesson plans
- Aided Special Education teacher with children exhibiting wide range of emotional, learning, and behavioral difficulties
- Developed and implemented Yoga regimen which improved children's cognitive and physical abilities
- Mentored and supervised teen campers while caring for their basic needs on campgrounds, day trips and overnights; was designated Division Head Counselor for one week while supervisor was off campgrounds; led half the division of campers and colleagues as team captain during Color War Olympics in wide variety of recreational activities

## Academic Supportive Services

- Coordinated student appointments via TutorTrac, provided progress correspondence to professors
- Mentored and supported students on overcoming speech anxiety and evolving their public speaking skills, such as but not limited to outlining, preparing, and delivering extemporaneous speeches
- Supervised undergraduate student workers to make sure they completed required daily tasks
- Presented of writing and citation workshops to English classes to encourage students to utilize assistive services
- Coached students in grammar, proofreading strategies, and writing styles to develop academic writing skills
- Tutored high school students to prepare in math, reading, and writing for the SAT

## Research Experience

- Analyzed the relationship between psychopathic personality traits and attitudes/behaviors with respect to ethical practices. Recruited participants from different fields of study and analyzed differences in psychopathic traits. Exported data from Qualtrics and used SPSS to perform correlational and anova analysis.
- Examined students' perceptions of Black versus White and male versus female interviewees for a managerial position
- Examined male subjects' tendencies to display hostility following rejection from assigned female partners
- Authored extensive research paper on factors contributing to implicit/explicit sexuality attitudes. Presented findings at Aresty Research Symposium

### **Graduate Student**

2016 - 2018

Forensic Psychology Program, Kean University, Union, NJ

**Master's Thesis: How Do Attitudes and Behaviors Predict Psychopathic Personality?**

*Publication Pending for Eastern Psychological Association*

### **Research Assistant**

2013 - 2014

Social Cognition Laboratory, Rutgers University, Piscataway, NJ

**Advanced Research Project: Underlying Motivators Contributing to Implicit and Explicit Sexuality Attitudes**

## Professional Experience

### Human Resources

- Planned and carried out administrative functions to meet organizational goals
- Managed membership data and interacted with members over the phone. Coordinated, organized, and implemented corporate events. Created content and designed publication layout for e-newsletters.
- Helped create a platform to inspire students to showcase work and accomplishments and express their talents. Oversaw recruiting process and met with team for strategic planning.

### Insurance & Sales

- Analyzed Union members' families' financial and insurance needs to guide them to achieve their goals. Provided child safety kits and life insurance policies to qualifying clients.
- Developed client base through door-to-door canvassing for startup company as part of the New York Sun Initiative. Proposed energy saving solutions to educate homeowners about financial savings on electric with solar panels.
- Used Salesforce as client contact management system

## Work History

<b>Servicing Agent (Licensed)</b>	2018
American Income Life, Edison, NJ	
<b>Cognitive Skills Brain Trainer (Certified)</b>	2018
LearningRx, Marlboro & Redbank, NJ	
<b>Speech Lab Coordinator (Graduate Assistantship)</b>	2017 - 2018
Kean University, Union, NJ	
<b>SAT Guru (Certified)</b>	2017
Catalyst Prep, Caldwell, NJ	
<b>Human Resource Intern</b>	2017
New Jersey Tech Council, New Brunswick, NJ	
<b>Writing Coach (Graduate Assistantship)</b>	2017
Kean University, Union, NJ	
<b>Energy Advisor</b>	2016
Embark Solar, New York, NY	
<b>Mental Health Specialist</b>	2015 - 2016
Rutgers University Behavioral Health Care, Piscataway, NJ	
<b>Residential Counselor</b>	2014 - 2015
Carrier Clinic, Belle Mead, NJ	
<b>Teen Travel Counselor</b>	2014
Oak Crest Day Camp, Somerset, NJ	

## Honors, Awards, & Scholarships

Cognitive Skills Brain Training Certification, 2018  
Graduate Assistantship, 2017-2018  
Presenter at Rutgers University Aresty Research Symposium, 2014  
Psi Chi, International Honor Society in Psychology, 2013-Present  
National Society of Leadership and Success, 2013-Present  
Delta Epsilon Iota Academic Honors Society, 2012-Present  
Deans List, Rutgers University, 2012-2014  
Farber Foundation Merit Scholarship, 2010-2014