

Ithan Sokol

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Education

M.A. Forensic Psychology '18

Nathan Weiss Graduate College, Kean University, Union, NJ
GPA 3.98

B.A. Psychology, minor in Criminology '14

Rutgers University, New Brunswick, NJ
Magna Cum Laude

Clinical & Counseling

Cognitive Skills Brain Trainer (Certified)

2018

LearningRx, Marlboro & Redbank, NJ

- Implemented research-backed activities during one-on-one sessions to strengthen cognitive learning skills including attention, processing speed, reading comprehension, logic and reasoning, visualization, and memory
- Tracked individual clients' cognitive improvement using various tools, provided progress correspondence to parents

Speech Lab Coordinator (Graduate Assistantship)

2017 - 2018

Kean University, Union, NJ

- Mentored and supported students on overcoming speech anxiety and evolving their public speaking skills, such as but not limited to outlining, preparing, and delivering extemporaneous speeches
- Supervised student workers in the adjacent computer lab to make sure they completed required daily tasks
- Coordinated student appointments via TutorTrac, provided progress correspondence with professors

Writing Coach (Graduate Assistantship)

2017

Kean University, Union, NJ

- Presented writing and citation workshops to English classes to encourage students to utilize assistive services
- Coached students in grammar, proofreading strategies, and writing styles to develop academic writing skills
- Coordinated student appointments via TutorTrac, provided progress correspondence with professors

Mental Health Specialist

2015 - 2016

Rutgers University Behavioral Health Care, Piscataway, NJ

- Aided Special Education teacher with children ages 4-13 exhibiting severe psychiatric, behavioral, and learning difficulties
- Participated in treatment team planning to review progress of learning and growth and develop behavioral treatment plans
- Responded promptly to crisis situations with verbal de-escalations and therapeutic restraints; documented incidents
- Provided one-on-one assistance to child with autism; created motivational reward systems
- Developed and implemented Yoga regimen which improved children's cognitive and physical abilities

Residential Counselor

2014 - 2015

Carrier Clinic, Belle Mead, NJ

- Supervised residents ages 13-18 years old diagnosed with severe psychiatric mental illnesses, including self-harmful and conduct-disordered behaviors with other coexisting substance abuse disorders; documented progress and incidents
- Facilitated recreational and learning activities to strengthen self-esteem, problem solving, and functional living skills
- Participated in treatment team planning to review progress of residents and develop behavioral treatment plans
- Responded promptly to crisis situations, performed verbal de-escalations, and applied Handle With Care restraints
- Promoted therapeutic coping techniques such as relaxation skills, anger management and impulse control

Teen Travel Counselor

2014

Oak Crest Day Camp, Somerset, NJ

- Supervised teenagers, facilitated daily structure, and cared for their basic needs on campgrounds, day trips and overnights
- Was designated Division Head Counselor while supervisor was off campgrounds
- Led division of campers and colleagues as team captain during Color War Olympics in wide variety of recreational activities

Research Experience

Graduate Student

2016 - 2018

Forensic Psychology Program, Kean University, Union, NJ

Master's Thesis: How Do Attitudes and Behaviors Predict Psychopathic Personality?

Publication and presentation pending for Eastern Psychological Association

- Examined relationship between psychopathic personality traits and attitudes/behaviors with respect to ethical practices
- Recruited participants from different fields of study and analyzed differences in psychopathic traits
- Exported data from Qualtrics and performed correlational and anova analysis using SPSS

Research Assistant

2013 - 2014

Social Cognition Laboratory, Rutgers University, Piscataway, NJ

- Examined students' perceptions of Black versus White and male versus female interviewees for a managerial position
- Examined male subjects' tendencies to display hostility following rejection from assigned female partners

Research Project: Underlying Motivators Contributing to Implicit and Explicit Sexuality Attitudes

- Authored extensive research paper on factors contributing to implicit/explicit sexuality attitudes
- Presented findings at Aresty Research Symposium

Professional Experience

Servicing Agent (Licensed)

2018

American Income Life, Edison, NJ

- Analyzed Union members' families' financial and insurance needs to guide them to achieve their goals
- Provided child safety kits and life insurance policies to qualifying clients

Human Resources Intern

2017

New Jersey Tech Council, New Brunswick, NJ

- Planned and carried out administrative functions to meet organizational goals
- Managed membership data, interacted with council members over the phone and greeted them at corporate events
- Coordinated and implemented corporate events; created content and designed publication layout for e-newsletters

SAT Guru (Certified)

2017

Catalyst Prep, Caldwell, NJ

- Tutored high school students to prepare in math, reading, and writing for taking the SAT

Energy Advisor

2016

Embark Solar, New York, NY

- Developed client base through door-to-door canvassing for startup company as part of the New York Sun Initiative
- Proposed energy saving solutions to educate homeowners about financial savings on electric with solar panels
- Used Salesforce as client contact management system

Honors, Awards, & Scholarships

Cognitive Skills Brain Training Certification, 2018

Graduate Assistantship, 2017-2018

Presenter at Rutgers University Aresty Research Symposium, 2014

Psi Chi, International Honor Society in Psychology, 2013-Present

National Society of Leadership and Success, 2013-Present

Delta Epsilon Iota Academic Honors Society, 2012-Present

Deans List, Rutgers University, 2012-2014

Farber Foundation Merit Scholarship, 2010-2014