

Lorin Cahow

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Skills

Team Leadership, Public Speaking, Data Analysis, Conflict Resolution, basics in Salesforce and Learning Management System

Experience

City Year / Team Leader

JULY 2017 - JUNE 2018, PHILADELPHIA, PA

- Managed team of 10 through service of tutoring, mentoring, and event planning in a low income and ethnically diverse public school
- Collected data for 174 students between 9th and 10th grade to design 'focus lists' supporting literacy, math, attendance, and behavior
- Monitored and analyzed data reports to coach and mentor team through planning and executing individual and group instruction
- Engaged as program sponsor liaison to host 8 workshops on problem solving and consulting and coordinate 2 field trips
- Facilitated weekly meetings involving data presentation, event planning, and trainings as well as individual check ins to support development
- Oversaw and collaborated on 29 events and initiatives

/ Corps Member

AUGUST 2016 - JUNE 2017, PHILADELPHIA, PA

- Tutored 11 students in literacy and math through one on one and small group interventions through unique and prepared session plans
- Mentored and coached 4 students in attendance and social emotional learning skills
- Created, planned, and hosted 5 events reaching 564 students and promoted positive behavior and social emotional learning
- Collaborated with a diverse team of 10 to host an after school program engaging up to 32 students which included homework assistance and enrichment activities three days a week

Thomas Jefferson Elementary / Special Needs Paraprofessional

JULY 2015 - JULY 2016, FOREST, VA

- Instructed students with disabilities including Cerebral Palsy, Traumatic Brain Injury, and Autism Spectrum Disorder
- Redirected students using Positive Behavior Support which included designing and implementing a point system of encouragement
- Coordinated special education students' and elective teachers' schedules with the master schedule in order to adapt general education lesson plans to meet students' abilities
- Certified in Autism Spectrum Training and Nonviolent Crisis Intervention

McDonald's Corporation / Area Manager

FEBRUARY 2015 - JULY 2016, BEDFORD, VA

- Coordinated and helped to maintain work schedule for up to 46 employees
- Managed inventory and worked with suppliers for restocking
- Trained new employees on company guidelines, proper food handling, and safety procedures
- Supervised shifts and provided support for crew members
- Employee of the Month: February 2015, August 2015, May 2016

Education

Christopher Newport University / Bachelor of Arts

AUGUST 2011 - MAY 2014, NEWPORT NEWS, VA

Major: Sociology, Minors: Childhood Studies, Psychology

Central Virginia Community College / Associate of Arts

AUGUST 2009 - MAY 2011, BEDFORD, VA

Major: General Studies, Cum Laude