

### CORA Services

CORA is a multi-funded, community-based, non-profit agency, which offers professional services to children, youth and their families. Among the many services provided are: psychological and educational evaluations; speech and language services; individual, family, and group counseling; vocational and career counseling; remedial education; parent education; resource and referral assistance; job training and pre-employment skills. The service approach of CORA is based upon a belief in the value of the person, and appraising of the individual's unique potential for growth.

[www.coraservices.org](http://www.coraservices.org)

### Location of Programs

CORA SERVICES, 8540 Verree Road, Philadelphia, PA 19111. Directions from Roosevelt Boulevard (Rt. 1) - Traveling North on Rt. 1, turn left onto Rhawn Street (if traveling South on Rt. 1, turn right onto Rhawn Street). Drive approx. 1.5 miles and turn right onto Verree Road. After the third light make a left into the CORA Services driveway (there is a sign at the entrance). Park in the first lot on your left. Enter the Reception area and proceed to Conference Center. The CORA Building is wheelchair accessible.

### Continuing Education Credits

CORA Services, is approved by the **American Psychological Association** to sponsor continuing education for Psychologists. CORA Services maintains responsibility for the program and its content.

CORA Services is approved by the **Pennsylvania Department of Education** to sponsor continuing education for certification under Act 48.

The PA Board of Social Workers, Marriage and Family Therapists and Professional Counselors has approved the credit hours for this conference.

CORA Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5802. Programs that do not qualify for NBCC credit are clearly identified. CORA Services is solely responsible for all aspects of the programs.

Certificates of attendance will be awarded to participants who attend the entire workshop and complete the evaluation form. Partial credits will not be awarded. Late arrival or early departure will preclude awarding of CE credits.

CORA SERVICES, INC.  
8540 Verree Road  
Philadelphia, PA 19111  
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## **CORA SERVICES**

### **PRESENTS:**

## ***Cultivating a Growth Mindset and Fostering Grit in Students***

### ***Presented by:***

***Troy L. Brindle, LCSW  
Partner & Director of  
Springfield Psychological***

***On***

***February 20, 2019***



**Registration Form  
Cultivating a Growth Mindset and  
Fostering Grit in Student**

**2/20/19 – 9:00 a.m. to 12:15 p.m.**

(Registration begins 1/2 hour prior to stated program time.)

**Price \$80.00**

Name

Address

Phone

E-Mail Address

Credits Applying for:

- Act 48
- NBCC
- Psychology credits
- SW, MFT & PC

**Cost of Program - \$80.00**

**Pre-registration is required. Registration deadline is 2/13/19. Register online at [www.coraservices.org](http://www.coraservices.org) – CORA Training Center, Professional Development** or send registration form with check made payable to CORA Services, Inc. to:

**Ceil Hanas**  
CORA Services  
8540 Verree Road  
Philadelphia, PA 19111

**Phone (215) 701-2629**

**Email: [chanas@coraservices.org](mailto:chanas@coraservices.org)**

**Cancellations made less than 72 hours before the program will not be refunded.**

**Cultivating a Growth Mindset and Fostering Grit in Students**

February 20, 2019 - 9:00 a.m. to 12:15 p.m.

CORA Conference Center

**Presenter:** **Troy Brindle, LCSW**, is a Partner, Vice President, and Director of integrated services/business development for Springfield Psychological, providing outpatient therapy for the past 20 years, treating a wide range of child, adolescent and adult behavioral health issues including specializing in self-injurious behaviors. Troy has served on the Pennsylvania National Association of Social Work Board of Directors since 2011 in a variety of capacities. He is currently the Co-Chair of the Clinical Care Committee for NASW-PA. Currently, Troy also serves on the Board of Directors for Access Services and two statewide task forces to transform Pennsylvania's healthcare delivery system.

**Purpose:** This workshop is geared towards all adults who desire to foster and nurture outstanding accomplishments in students or loved ones. This workshop addresses the following questions that explore our mindset in order to challenge how we influence and motivate others to succeed. Does talent matter more than effort? Is natural ability and skill more essential than practice? Does intelligence ultimately determine one's success in life? How important is Grit in determining success? How Gritty are you? Does passion determine overall success? What is a "fixed mindset" and how does it impact a student? Finally, what cultivates a "growth mindset" and how does that support unleashing one's full potential?

**Schedule:**

8:30 Registration  
9:00 Conference  
10:30 Break  
10:45 Conference  
12:15 Evaluation and conclusion

**Intended Audience:** This program will benefit Psychologists, Social Workers, Mental Health Counselors, Educators, Principals, Teachers, Graduate Students, and other practitioners within mental health and education who provide direct services and/or parent/teacher consultation for this population.

**Objectives:** As a result of this interactive workshop, participants will be able to:

- Understand three distinctions between fixed mindset and growth mindset.
- Identify which mindset you possess currently and learn specific ways to grow your mindset beyond where it is today.
- Learn what defines a success from a failure within a growth mindset.
- Define and assess one's level of GRIT; determining how to foster more grittiness in oneself and others
- Identify two ways passion and perseverance enhance Grit in others.

**Credits Offered:**

- Act 48 3.0
- NBCC: 3.0
- Psychology Credits: 3.0
- SW, MFT & PC: 3.0

**Cost of Program: \$80.00**