

Tonya Rios

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Professional Summary

Compassionate and action orientated with proven ability to manage projects effectively through planning, problem solving, time management and organizational skills. Experience handling clients with addictions, mood disorders, bipolar, depression, domestic violence, specializing in group counseling and management.

Education

- Montgomery County College – Blue Bell, Pa

Associate's Degree -Human Services Graduated Spring 2010

- Chestnut Hill College – Philadelphia, Pa

Bachelors Human Services /Psychology Graduated Spring 2014 GPA 3.05

Highlights

- Deep knowledge of patient behavioral needs
- Behavior monitoring
- Medicine administration
- Keep detailed and accurate records
- Great communication with clients and families
- Respect for cultural diversity

Community Services Activities

- Senior Assistant Cancer walk
- Committee leader of mentor program
- Foster Parent and advocacy
- Mentor Award
- CHS chair member

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267-444-5291

Work Experience

Adults With Developmental Disabilities- Current Employment November 2017

Group Facilitator/Activities Supervisor-I conduct and supervise each session observing each client behaviors. Documenting ,recovery counseling,conducting the teaching of life skills,and case Management.

Epic Developmental Services – February 2016-January 11,2018

Position-Behavior therapist -Focusing on all aspects of development such as Social, Cognitive, Emotional, and Physical behaviors. I working on behavior using several principles in treating clients. Therapy sessions consist helping clients resolve their problems and teaching then new skills. In order to aid the client tactics such as positive reinforcements and repetitive learning are used. The outcome is often positive and improvement in negative behavior. I track each client's progress by take down notes.

West Oak lane Charter- Present September 2015-March- 2016 Private Contractor Case Management

Behavioral health in an educational environment working with children on behaviors and redirecting. The position required direct care, attention and helping the children focus followed by recreational element of care.

Penn foundation- Residential Instructor October 2013-May 2015

Position requires-Implementation of applicable rehabilitation plan intervention, Provide recovery oriented counseling as needed,Administered medication, Provide crisis intervention as needed, Money management with residents, Plan activity and events for residents, Routine weekly inspections.

Community Housing Services – Assistance Social Worker,Case Management 2008 – 2010

Researched local housing options for clients, I worked on future CHS brochure development, am member of the CHS Fund Development Committee, coordinated USDA food cupboard intake applications, and provided information and referral for clients over the phone and at the office. I also assisted clients with referrals to shelters and subsidized housing, and conducted housing inspections.

