

CORA's Lifeline Parenting Classes

For Parents, Grandparents and Guardians

Develop healthy family relationships and earn a parent certificate with
Family Engagement Expert – Roxanne Green, MPH

The **Nurturing Parenting curriculum** has proven to help with:

- Philosophy and practices of raising healthy children
- Positive brain development during the early years
- Tips dealing with stress and anger with parenting



LEARN MORE
215.701.2727

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Session 1: Mornings

Begins Jan 23rd, ends April 16th
Wednesdays 10 am to 12 pm at CORA
Maternity Care Coalition –Glenda Gray

Session 2: Evenings

Begins Feb 5th, ends April 15th
Tuesdays 5:30 pm to 7:00 pm at CORA

Session 3: Early Morning

Begins Feb 21, ends May 23rd
Tuesdays 8:30 am to 10:00 am
CORA Early Years Preschool at La Salle



**Refreshments and resources are provided each session*



Children are the Heart of the Matter



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