

# MICHAEL B. McCOWN

Norristown, PA 19403  
610-420-1653 • michaelmccown54@gmail.com

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## EDUCATION

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1989–1994 Waynesburg College, Waynesburg, PA  
Bachelor's degree, Secondary Education, English

1984–1988 Abington Senior High School, Abington, PA

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## DRUG AND ALCOHOL EXPERIENCE

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### House Manager

10/2016–11/2018 Eagleville Hospital, Eagleville, PA

- Provided direct onsite supervision of and support to residents
- Provided a caring, safe and educative environment by attending to individual resident needs, respecting differences, and supporting growth and independence

### Behavioral Health Technician Shift Supervisor

7/2013–10/2016 Pyramid Healthcare, Quakertown, PA

- Assisted with intake process with new clients into the program
- Maintained a safe, orderly, and therapeutic physical environment for clients, including crisis intervention and medication management
- Listened to clients concerning all areas of treatment

### Addictions Specialist (Drug and Alcohol Counselor)

7/2009–4/2010 Today, Inc., Langhorne, PA

- Facilitated life skills and psychoeducational lectures
- Documented life skills and psychoeducational groups by completing progress notes
- Supervised residents through their daily structure
- Provided transportation and supervision for residents' off-grounds excursions

### Mobile Engagement Specialist (Drug and Alcohol Counselor)

1/2005–7/2009 Today, Inc., Langhorne, PA

- Provided drug and alcohol education and counseling through one-on-one interaction and group sessions
- Evaluated assessments for patients and their family members
- Developed, facilitated, and coordinated clients' individualized treatment plans
- Collected and organized client history and intake information; prepared and maintained case files

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## BEHAVIORAL AND MENTAL HEALTH EXPERIENCE

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### Therapeutic Support Staff

9/2012–6/2013 Staffing Plus, Haverford, PA

- Provided consultation and behavioral implementation for children with behavioral issues
- Consulted closely with the parents and family members, mobile therapists, psychologists, teachers, vice principals, and principals to create mainstream educational and social environments for children
- Maintained daily progress notes, behavioral charts, and other clinical information and periodic review and consultation with registered behavioral psychologists
- Assisted in the implementation of incentive programs with certified mobile therapists and psychologists
- Participated in ongoing training seminars

### Rehabilitation Counselor

6/2012–9/2012 Horizon House, Audubon, PA

- Provided direct support, counseling, and supervision of assigned residents to ensure a safe, healthy, secure, and pleasant environment promoting their growth and development

- Facilitated client growth and development toward independence in self-care, daily living skills, socialization, and community living
- Participated in developing individual service plans and related documentation and documented progress

### **Group Therapist**

7/2010–1/2012

Family Life Education & Counseling Services (FLECS), Central Montgomery Mental Health and Retardation Center, Norristown, PA

- Designed and implemented therapeutic groups and goal-focused activities based on individual diagnoses and treatment plans
- Provided one-to-one individual staff support as needed, including psychoeducational support, medication monitoring, and nutritional snacks and meals
- Initiated and documented ongoing collateral contacts with children's parents, schools, caseworkers, and any other agency workers involved with the clients
- Scheduled crisis planning meetings and completed behavior plans as needed
- Designed and implemented a behavior management program in a group room in a child-friendly level system using a strengths-based approach

### **Therapeutic Support Staff**

8/2003–1/2005

Delaware Valley Children's Center, Wycombe, PA

- Provided consultation and behavioral implementation for children with ADD, ADHD, ODD, and autism
- Consulted closely with the parents and family members, mobile therapists, psychologists, teachers, vice principals, and principals to create mainstream educational and social environments for children
- Maintained daily progress notes, behavioral charts, and other clinical information and periodic review and consultation with registered behavioral psychologists
- Assisted in the implementation of incentive programs with certified mobile therapists and psychologists
- Participated in ongoing training seminars

### **Family Foster Care Social Worker**

2003

Children's Aid Society, Norristown, PA

- Provided case management to foster children and families
- Created individualized service plans for children
- Maintained records on cases

### **Therapeutic Support Staff**

2001–2003

Staffing Plus, Haverford, PA

1998–2001

Human Services Consultants Management, Philadelphia, PA

1997–1998

Foundations, Doylestown, PA and Therapeutic Alternatives in Behavioral Health, Willow Grove, PA

- Consulted closely with the children's parents and families, mobile therapists, psychologists, teachers, vice principals, and principals to create mainstream educational and social environments
- Maintained daily progress notes, behavioral charts, and other clinical information and periodic review and consultation with registered behavioral psychologists
- Assisted in the implementation of incentive programs with certified mobile therapists and psychologists
- Attended frequent seminars and trainings

### **Assistant Program Director and Child Educator**

1997

Side by Side Ministries, Norristown, PA

- Provided a peaceful and age-appropriate after-school environment for children
- Administered three to six tutors in assisting children with homework assignments
- Developed interpersonal relationships with parents of those children
- Provided age-appropriate materials and study aids
- Assisted teachers with educational instruction in math, reading, and general curricula

### **Houseparent**

1994–1995

Bethana Home for Children, Southampton, PA

- Interacted therapeutically with children with emotional disorders who had been sexually abused
- Provided role model responsibilities and organized recreational activities