

Quan M. Ponder

917 North Markoe Street
Philadelphia, PA 19131 Phone: (267)916-9704
Email: qnponder3@gmail.com

Objective

To obtain a position that utilizes my skills and experiences and allows opportunity for professional growth.

Experience

Aug 2014-Present Kenny's Moving Company Philadelphia PA

Member of Moving Team

- Lift items between 35lbs and 120lbs
- Move private homes
- Move Commercial Properties
- Assisted Commercial Property Closings

April 2013-Aug 2014 Gilbert Powell Construction Philadelphia, PA

Demolition, Cleaning, Polishing

- Demolish unstable & unsafe environments
- Provide a clean space for construction team to do work
- Mop, Strip, Polish Floors
- Painting Indoors, Painting Out Side Homes and Commercial Properties

Feb. 2011- April 2011 McDonald's Philadelphia, PA

Cook & Maintenance

- Cleaning the grill, counter, tables, and floor.
- Cooking food, making milk shakes.
- Provided superior customer service at all times.

Education

2003-2005 Samuel L. Fels High School Philadelphia, PA

Student

- Currently working towards final requirements.
- Wrestling Team
- Football Team
- Hockey Team
- Soccer Team

Personal Qualities

- Responsible, Hardworking, Honest, Reliable, Flexible, Fast learner, Friendly

2016-2017 **Lamm Realty** Philadelphia, PA

PROPERTY MAINTENANCE

Lift item's between 35 to 80Lbs.

Cleaned Classrooms, Window's, Mop floors, strip, waxed floors.

Trash removal, minor repairs.

Landscaping property

-

References Available Upon Request