

**Samantha Tomer**  
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(704)-776-0498

## **EDUCATION**

<b>The Pennsylvania State University</b> , University Park, PA Master of Counselor Education – School Counseling Emphasis	Aug. 2012 – May 2014
<b>Lock Haven University</b> , Lock Haven, PA Continuing Education – Psychopathology, Differential Diagnosis and Intervention	Aug. 2017 – Dec. 2017
<b>The Pennsylvania State University</b> , University Park, PA Bachelor of Arts in French and Francophone Studies – Language and Culture Option Minor in Psychology and International Studies	Aug. 2008 – May 2012
<b>Institute of European Studies – Paris</b> , Paris, France Completed courses in the French Language, Culture, History and Literature	Spring 2011

## **CERTIFICATIONS & LICENSURE**

<b>National Certified Counselor</b> , NBCC	March 2019 - Present
<b>School Counselor</b> , Pennsylvania Department of Education	May 2014 – May 2020
<b>Eligible for Licensed Professional Counselor</b> , Pennsylvania Department of State	May 2020
<b>Eligible for Registered Yoga Teacher</b> , Yoga Alliance	August 2019

## **RELATED EXPERIENCE**

<b>Victim Services Center of Montgomery County, Inc.</b> Norristown, PA <i>Advocate/ Counselor</i> <ul style="list-style-type: none"><li>• Provide trauma-informed individual counseling to clients on a weekly basis</li><li>• Organize and run support group for survivors of homicide on a monthly basis</li><li>• Organize and run other support groups for victims of crime on an as-needed basis</li><li>• Help clients and/ or family members process and heal from his/her/their victimization(s) through individual and group counseling</li><li>• Provide crisis intervention through the agencies 24/7 crisis hotline</li><li>• Accompany victims/ clients to hospitals, police stations, court proceedings</li><li>• Provide emotional support to victims/ clients during various accompaniments</li><li>• Assist victims/ clients in filing for Victims Compensation, in registering with victim notification programs</li><li>• Educate victims/ clients about the criminal justice system</li><li>• Assist victims/ clients in writing victim impact statements prior to sentencing hearings</li><li>• Make referrals to appropriate community resources to help meet victims/ clients' needs</li><li>• Advocate for individual clients and victims of all violent crimes and their needs in Montgomery Co. and PA</li><li>• Document meetings and interactions with clients, law enforcement, and other involved persons or organizations</li><li>• Collaborate with other local agencies</li><li>• Attend weekly supervision (i.e. individual and group) with direct services supervisor and other trainings</li></ul>	Apr. 2016 – Present
<b>Temple University</b> , Philadelphia, PA <i>Adjunct Instructor</i> <ul style="list-style-type: none"><li>• Instructor for Interpersonal Communication: Critical Competencies for Personal and Professional Success</li><li>• Conduct weekly recitation class in accordance with topics discussed in lecture</li><li>• Grade and provide feedback on students' work throughout the course/ semester</li><li>• Collaborate with other course instructors to develop activities</li><li>• Encourage student participation during discussions and small group activities</li><li>• Manage classroom of 35 students</li></ul>	Aug. 2018 – Present

**Progressions Companies, Philadelphia, PA & Pottstown, PA**

Sept. 2014 – Nov. 2016

*Outpatient Therapist*

- Provided therapy (individual and/ or family) to clients on a regular basis
- Developed rapport with clients, family members, and other stakeholders
- Transferred skills to client to promote independence
- Made referrals to appropriate community resources to help meet the clients' needs
- Completed all paperwork within policy time frames
- Attended weekly and/ or monthly supervision with outpatient supervisor and/ or site director
- Attended staff meetings and mandatory trainings

*Behavioral Health Worker/ Therapeutic Staff Support*

- Provided individual and group interventions to clients in the Behavioral Health Rehabilitation Services program
- Developed rapport with treatment team, clients, families, and other stakeholders
- Assisted teacher, school administration, parents/ guardians with implementation of behavior plan
- Monitored client's behaviors emphasized in the treatment plan; intervene and redirect challenging behaviors
- Transferred skills to teachers, parents and/or guardians, and other stakeholders
- Provided services within authorized amount of hours and complete all paperwork within policy time frames
- Collaborated with Behavioral Health Rehabilitation Services team members
- Attended weekly supervision with Behavior Specialist Consultants
- Attended staff meetings and mandatory trainings

**The Pennsylvania State University, University Park, PA**

May 2014 – July 2014

*New Student Orientation Advisor/ Consultant*

- Ensured incoming students are enrolled in the appropriate college for his/ her intended major
- Assisted students in beginning change of college of enrollment and/ or major process if necessary
- Planned and build appropriate, possible schedules for incoming, exploratory students in order to explore multiple majors while working toward graduating in a timely manner
- Assisted students in learning how to navigate Penn State's course scheduling process and resources
- Assisted incoming students in creating Summer and/ or Fall course schedules that best fit for exploration of multiple majors while working toward graduation in a timely manner
- Ensured students leave orientation with a balanced schedule for the Summer and/ or Fall semesters

**Mifflin County Junior High School, Lewistown, PA**

Aug. 2013 – May 2014

*School Counselor Intern*

- Conducted individual counseling sessions with students in all grade levels
- Consulted and collaborated with administrators, teachers, parents, counselors, and community agencies to promote the academic, career, and personal/social development of students
- Provided responsive services to students including crisis response
- Planned, organized, and performed classroom guidance lessons in academic, career, and personal/social areas
- Participated in Student Assistance Program and faculty meetings
- Advocated for students and maintained confidentiality of students
- Ensured that students had a safe space to share their concerns, thoughts, and emotions
- Conducted classroom guidance lessons about career, academic, and personal/social development of students
- Helped students who were struggling academically
- Developed, evaluated effectiveness, and reported results of interventions
- Made schedule changes for students

**Cedar Clinic, University Park, PA**

Jan. 2013 – May 2013

*Counselor*

- Provided individual counseling to Pennsylvania State University students
- Helped clients set individual short and long-term goals
- Collaborated with practicum professor, supervisor, and other students to help ensure the best services were provided to the client/student
- Kept record of counseling sessions

*Receptionist*

- Scheduled appointments and maintained an organized schedule of appointments for clients and counselors
- Served as a liaison between counselors and clients to schedule and/or cancel appointments
- Ensured that clients felt safe and comfortable at the Cedar Clinic
- Maintained confidentiality of clients of the Cedar Clinic

**Morgan Academic Support Center for Student Athletes, University Park, PA**

Jan. 2010 – May 2012

*Tutor*

- Tutored student athletes in various courses including Italian, Human Body, the Mathematics of Money and Calculus
- Tutored one-on-one and in small groups to help student athletes achieve academic success
- Participated in a training workshop in order to receive a Level I Tutor Certification at a future time

## **VOLUNTEER EXPERIENCE**

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**The Center for Grieving Children, Philadelphia, PA**

Jan. 2015 – May 2016

- Co-facilitate peer support groups for children and adolescents on a bi-weekly basis
- Assist in planning group activities for children and adolescents who are grieving a loss
- Consult and collaborate with other volunteers and staff members at the center
- Participate and attend trainings and other activities the center provides for staff, volunteers, and families

**Out of the Cold, State College, PA**

Dec. 2013

- Cooked a meal for homeless individuals in the State College area at a local church

## **PROFESSIONAL ORGANIZATIONS**

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**Chi Sigma Iota**

2013 – Present

*General Member*

**American School Counselor Association**

2012 – 2016

- Bullying Prevention Specialist Training (completion in progress)
- Attended the 2013 annual conference in Philadelphia, PA
- Attended multiple sessions at the annual conference to further my knowledge in the field of school counseling and mental health

**Pennsylvania School Counselor Association**

2014 – 2016

*General Member*

## **AWARDS**

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**Dean's List at the Pennsylvania State University**

Fall 2008 – Spring 2012

**Outstanding Academic Achievement in the College of Liberal Arts**

Fall 2009

## **SKILLS & TRAININGS**

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**Yoga**

- Trauma Process Yoga Group Trained
- Yoga Teacher Training to be completed in August 2019

**Language**

- French - Proficient in Reading, Writing, Speaking and Comprehension
- Italian - Basic Knowledge in Reading, Writing, Speaking and Comprehension

**Computer**

- ETO, MS Word, PowerPoint, Excel, Outlook, Credible