

Samantha Tomer
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EDUCATION

The Pennsylvania State University , University Park, PA Master of Counselor Education – School Counseling Emphasis	Aug. 2012 – May 2014
Lock Haven University , Lock Haven, PA Continuing Education – Psychopathology, Differential Diagnosis and Intervention	Aug. 2017 – Dec. 2017
The Pennsylvania State University , University Park, PA Bachelor of Arts in French and Francophone Studies – Language and Culture Option Minor in Psychology and International Studies	Aug. 2008 – May 2012
Institute of European Studies – Paris , Paris, France Completed courses in the French Language, Culture, History and Literature	Spring 2011

CERTIFICATIONS & LICENSURE

National Certified Counselor , NBCC	March 2019 - Present
School Counselor , Pennsylvania Department of Education	May 2014 – May 2020
Eligible for Licensed Professional Counselor , Pennsylvania Department of State	May 2020
Eligible for Registered Yoga Teacher , Yoga Alliance	March 2020

RELATED EXPERIENCE

Victim Services Center of Montgomery County, Inc. Norristown, PA <i>Advocate/ Counselor</i> <ul style="list-style-type: none">• Provide trauma-informed individual counseling to clients on a weekly basis• Organize and run support group for survivors of homicide on a monthly basis• Organize and run other support groups for victims of crime on an as-needed basis• Help clients and/ or family members process and heal from his/her/their victimization(s) through individual and group counseling• Provide crisis intervention through the agencies 24/7 crisis hotline• Accompany victims/ clients to hospitals, police stations, court proceedings• Provide emotional support to victims/ clients during various accompaniments• Assist victims/ clients in filing for Victims Compensation, in registering with victim notification programs• Educate victims/ clients about the criminal justice system• Assist victims/ clients in writing victim impact statements prior to sentencing hearings• Make referrals to appropriate community resources to help meet victims/ clients' needs• Advocate for individual clients and victims of all violent crimes and their needs in Montgomery Co. and PA• Document meetings and interactions with clients, law enforcement, and other involved persons or organizations• Outreach to and collaborate with other local agencies• Attend weekly supervision (i.e. individual and group) with direct services supervisor and other trainings	Apr. 2016 – Present
Temple University , Philadelphia, PA <i>Adjunct Instructor</i> <ul style="list-style-type: none">• Instructor for Interpersonal Communication: Critical Competencies for Personal and Professional Success• Conduct weekly recitation class in accordance with topics discussed in lecture• Grade and provide feedback on students' work throughout the course/ semester• Collaborate with other course instructors to develop activities• Encourage student participation during discussions and small group activities• Manage classroom of 35 students	Aug. 2018 – Present

Progressions Companies, Philadelphia, PA & Pottstown, PA

Sept. 2014 – Nov. 2016

Outpatient Therapist

- Provided therapy (individual and/ or family) to clients on a regular basis
- Developed rapport with clients, family members, and other stakeholders
- Transferred skills to client to promote independence
- Made referrals to appropriate community resources to help meet the clients' needs
- Completed all paperwork within policy time frames
- Attended weekly and/ or monthly supervision with outpatient supervisor and/ or site director
- Attended staff meetings and mandatory trainings

Behavioral Health Worker/ Therapeutic Staff Support

- Provided individual and group interventions to clients in the Behavioral Health Rehabilitation Services program
- Developed rapport with treatment team, clients, families, and other stakeholders
- Assisted teacher, school administration, parents/ guardians with implementation of behavior plan
- Monitored client's behaviors emphasized in the treatment plan; intervene and redirect challenging behaviors
- Transferred skills to teachers, parents and/or guardians, and other stakeholders
- Provided services within authorized amount of hours and complete all paperwork within policy time frames
- Collaborated with Behavioral Health Rehabilitation Services team members
- Attended weekly supervision with Behavior Specialist Consultants
- Attended staff meetings and mandatory trainings

The Pennsylvania State University, University Park, PA

May 2014 – July 2014

New Student Orientation Advisor/ Consultant

- Ensured incoming students are enrolled in the appropriate college for his/ her intended major
- Assisted students in beginning change of college of enrollment and/ or major process if necessary
- Planned and build appropriate, possible schedules for incoming, exploratory students in order to explore multiple majors while working toward graduating in a timely manner
- Assisted students in learning how to navigate Penn State's course scheduling process and resources
- Assisted incoming students in creating Summer and/ or Fall course schedules that best fit for exploration of multiple majors while working toward graduation in a timely manner
- Ensured students leave orientation with a balanced schedule for the Summer and/ or Fall semesters

Mifflin County Junior High School, Lewistown, PA

Aug. 2013 – May 2014

School Counselor Intern

- Conducted individual counseling sessions with students in all grade levels
- Consulted and collaborated with administrators, teachers, parents, counselors, and community agencies to promote the academic, career, and personal/social development of students
- Provided responsive services to students including crisis response
- Planned, organized, and performed classroom guidance lessons in academic, career, and personal/social areas
- Participated in Student Assistance Program and faculty meetings
- Advocated for students and maintained confidentiality of students
- Ensured that students had a safe space to share their concerns, thoughts, and emotions
- Conducted classroom guidance lessons about career, academic, and personal/social development of students
- Helped students who were struggling academically
- Developed, evaluated effectiveness, and reported results of interventions
- Made schedule changes for students

Cedar Clinic, University Park, PA

Jan. 2013 – May 2013

Counselor

- Provided individual counseling to Pennsylvania State University students
- Helped clients set individual short and long-term goals
- Collaborated with practicum professor, supervisor, and other students to help ensure the best services were provided to the client/student
- Kept record of counseling sessions

Receptionist

- Scheduled appointments and maintained an organized schedule of appointments for clients and counselors
- Served as a liaison between counselors and clients to schedule and/or cancel appointments
- Ensured that clients felt safe and comfortable at the Cedar Clinic
- Maintained confidentiality of clients of the Cedar Clinic

Morgan Academic Support Center for Student Athletes, University Park, PA

Jan. 2010 – May 2012

Tutor

- Tutored student athletes in various courses including Italian, Human Body, the Mathematics of Money and Calculus
- Tutored one-on-one and in small groups to help student athletes achieve academic success
- Participated in a training workshop in order to receive a Level I Tutor Certification at a future time

VOLUNTEER EXPERIENCE

The Center for Grieving Children, Philadelphia, PA

Jan. 2015 – May 2016

- Co-facilitate peer support groups for children and adolescents on a bi-weekly basis
- Assist in planning group activities for children and adolescents who are grieving a loss
- Consult and collaborate with other volunteers and staff members at the center
- Participate and attend trainings and other activities the center provides for staff, volunteers, and families

Out of the Cold, State College, PA

Dec. 2013

- Cooked a meal for homeless individuals in the State College area at a local church

PROFESSIONAL ORGANIZATIONS

Chi Sigma Iota

2013 – Present

General Member

American School Counselor Association

2012 – 2016

- Bullying Prevention Specialist Training (completion in progress)
- Attended the 2013 annual conference in Philadelphia, PA
- Attended multiple sessions at the annual conference to further my knowledge in the field of school counseling and mental health

Pennsylvania School Counselor Association

2014 – 2016

General Member

AWARDS

Dean's List at the Pennsylvania State University

Fall 2008 – Spring 2012

Outstanding Academic Achievement in the College of Liberal Arts

Fall 2009

SKILLS & TRAININGS

Yoga

- Trauma Process Yoga Group Trained
- Yoga Teacher Training to be completed in March 2020

Language

- French - Proficient in Reading, Writing, Speaking and Comprehension
- Italian - Basic Knowledge in Reading, Writing, Speaking and Comprehension

Computer

- ETO, MS Word, PowerPoint, Excel, Outlook, Credible