

ALESSANDRA LOFFREDA-MANCINELLI

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EDUCATION

Villanova University – Villanova, PA

Master of Science, School Counseling '21

- Candidate for National Certified Counselors (NCC)
- Candidate for Licensed Professional Counselor (LPC)
- American School Counseling Association (ASCA) member
- Chi Sigma Iota Counseling Honor Society International (CSI) member

La Salle University – Philadelphia, PA

Bachelor of Arts, Psychology '19

- Founder's Scholarship recipient
 - Dean's List recipient
 - Psychology Award recipient
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PROFESSIONAL DEVELOPMENT

- Fluent in English, conversational in Spanish and Italian, and currently learning Arabic
 - Jefferson University Hospital Mindfulness-Based Stress Reduction 8-week training
 - ASCA training in diversity, equity, inclusion and social-emotional learning for students with learning differences
 - Workshop trainings in Cognitive-Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Eating Disorders, Death and Dying, and Motivational Interviewing (MI)
 - Certified Question, Persuade, Refer (QPR) Gatekeeper for suicide prevention
 - Dual Black Belt recipient and assistant karate instructor to students from ages 4-70
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WORK EXPERIENCE

Counseling Intern, The Friends' Central School - Wynnewood, PA

September 2020 to Current

- Create Social-Emotional Learning resources to engage students in educational and interactive activities
- Provide support for nearly 150 students in sixth through twelfth grade who struggling with an array of social, emotional academic, or familial issues
- Collaborate with students on a weekly basis to discuss and promote the growth of their emotional wellbeing
- Learn innovative mindfulness approaches and resources for middle and upper school students
- Engage in weekly group supervisions to discuss students that require immediate attention and additional support and accommodations

School Counselor Intern, Episcopal Academy - Newtown Square, PA

September 2019 to June 2020

- Observed and document teachers' activities and students' social, emotional, and academic behaviors in class
- Participated in administrative meetings with the school psychologists to develop student action plans
- Facilitated weekly lunch bunches focused on the emotional wellbeing and relational challenges of second-grade girls
- Provided emotional support for particular students struggling with relationship difficulties with fellow peers

Child Care Provider– Philadelphia, PA

January 2017 to Current

- Provide nurturing support for multiple families, five days a week, approximately 30 hours a week.
- Create a consistent and structured environment conducive to learning, social growth, and personal development
- Identify signs of potential emotional or developmental concerns in children and communicate with parents
- Coordinate event planning for birthdays, holidays, and other children's festivities for nearly 20 children

School Counselor Intern, Academy at Palumbo – Philadelphia, PA

January 2017 to June 2018

- Advised students on academic decisions and the college application process through facilitated self-evaluation of their interests and strengths through the usage of Naviance's application processing platform
- Provided emotional encouragement and support to a diverse student population comprised of individuals
- Facilitated weekly grief group sessions for several students and provided one-on-one support to those having experienced loss

Teaching Intern, Petite École Bilingual Kindergarten – Philadelphia, PA

September to December 2017

- Assisted teachers in implementing classroom lesson plans for preschool and kindergarten students
 - Encouraged children to interact with each other and participate in activities in a bilingual academic environment.
 - Instructed children in health and self-care skills to maintain safety and cleanliness.
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