# **JAMIE GAYNER**

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#### **Profile**

Conscientious and professional social worker an licensed clinical drug and alcohol counselor. It has always been my ambition to work with veterans. Interested in enhancing skills and furthering my education in the area of client contact. Proven reliability and competency in a variety of paid and volunteer positions as well as in the academic arena. Able to connect people with diverse backgrounds, experiences, and interests and bring them together to work on projects.

# **Experience**

Care Coordinator NCADD-NJ Substance Abuse Initiative/ Behavioral Health Initiative: Sewell, New Jersey: August 2018 to January 2019

- \*Target population TANF, TANF DYFS, GA, GA DYFS clients with addiction and/ or mental illness
- \* Utilized Care Coordination model in order to deliver comprehensive assessments, referral to treatment, and care management of GA/TANF recipients whose substance use and/or mental health disorders were a barrier to their employability.
- \* Primary goals was to treat substance abuse and/or mental health as barriers to employment, ensure uniform assessment, decrease fragmentation of treatment services among providers offering various levels of care, and maintain and utilize a continuum of treatment services integrated with work activities.
- \*Responsible for services including scheduling referrals, conducting assessments, arranging patient placements, developing service plans, conducting clinical service reviews, requesting welfare transportation and childcare supports for clients, and tracking client treatment participation and utilization management.
- \*Utilized client-centered approach with a focus on chronic disease management.
- \*Assisted with planning for discharge and employability along the way.
- \*Addressed potential gaps in meeting clients' interrelated medical, social, environmental, educational, and financial needs in order to achieve sobriety, psychiatric stability, and self-sufficiency.
- \*Accountable for advocating on behalf of clients for cash assistance from County Welfare Agencies, Medicaid coverage, housing, childcare, and other supports, while helping them to navigate multiple community systems; thereby, reducing fragmentation of care.
- \*Responsible for onsite service delivery at county welfare offices, multi-agency collaborative service planning and treatment, intensive case management and care coordination, and referrals to self-help groups, legal services, and medical services

Outpatient Substance Abuse Counselor, **Delaware Valley Medical, Pennsauken, NJ; From February 2018-June 2018;** June 2015 to September 2017

Worked 40 hours per week

- \* Managed a caseload of up to 65 clients
- \* Ensured completion of patient databases, treatment plans, progress notes, discharge summaries, and other essential documentation with federal and state standards along with agency policies and procedures.
- \* Assessed clients using ASI and determine appropriate level of care based on ASAM Patient Placement Criteria.
- \* Provided patient orientation regarding objectives, expectations of the program, and referrals when appropriate.

Responsible for conducting intakes, facilitated intensive outpatient program and outpatient groups, and provide individual therapy sessions to each client based upon his or her phase in treatment.

Accountable for the coordination of the prenatal program at the facility, which provided expectant mothers with education on methadone and pregnancy

Residential Substance Abuse Counselor, Maryville Inc., Williamstown, New Jersey; September 2018-February 2018
Worked 40+ hours per week

- Managed a caseload of 8-12 clients at residential treatment facility on both the men and female units.
- Administered assessments using ASI criteria, PHQ-9 and GAD-7, completed facility and state documentation that was in compliance with agency, state, and federal policies, and developed treatment plans to meet the client's individualized goals for treatment.
- Conducted group therapy sessions in accordance with the daily schedule and rendered individual therapy sessions to clients on a weekly basis.
- Consulted referring providers, such as Drug Court Treatment Team, before recommendations for discharge planning were made.
- Directed and coordinated family members in understanding and supporting the client, but also instructed clients and family members in the development of skills and strategies for dealing with their problematic patterns.
- Evaluated and responded in crisis management and emergency situations, including the implementation of safety contracts to discontinue specific behaviors.

# Staff Sergeant at the 119th CSSB: NewJersey Army National Guard Lawerenceville, NJ: June 2003-June 2015

- Primary duties held throughout service were: 79R Recruiter, 31B Military Police, 88N Transportation Management Coordinator, 25U Communications Specialists/ Radio Operator
- Was given extra training and responsibility of becoming the battalion suicide prevention NCO.
- Responsibilities as a recruiter entailed contacting, directing interviews, counseling, on job placement, and contracting civilians for enlistment into the Army.
- While deployed 2008-2009, as a military police officer, principal responsibility involved was the supervision of individuals who have been detained and awaiting trial. Additional duties consisted of prison management, protective services, and crisis intervention.

• Accountable for the supervision, welfare, physical fitness, and administrative actions and counseling of 10 soldiers, and provided leadership, mentorship, and

training as a platoon sergeant.

• Conducted monitoring performance, quality, and cost of domestic and international shipments performed by freight forwarders, analyzed the needs and identifies logistical/financial opportunities that will improve and or reduce costs associated with domestic and international transportation, and continuous improvement of standard logistics processes.

#### **Education**

# Degrees:

Rutgers University-The School of Social Work New Brunswick, NJ-Master of Social Work-Graduated August 2018

Rutgers University-Camden, NJ-Bachelor of the Arts in Psychiatry-Graduated May 2014

Gloucester County College: Sewell, NJ-Associate Degree of Liberal Arts-Graduated May 2012

Other:

Rutgers University-Center for Alcohol Studies: New Brunswick, NJ-School for CADC: Graduated July 2015

### Recognition/Awards/Certifications

- \* LCADC: **37LC00290800**: New Jersey Marriage and Family Therapy Board, Issued 11/27/2018-Expiration 7/31/2020
- (2) Army Commendation Medals for Service in OIF, (3) Army Achievement Medals, National Defense Service Medal, American Defense Service Medal, Army Good Conduct Medal, Iraq Campaign Service Medal, Global War On Terrorism Expeditionary Medal, Army Service Ribbon

#### **Skills**

Soft Skills: Written and verbal communication, Decision Making, Time Management, Self-motivation, Adaptability, Teamwork, Demonstrate open-mindedness, Convey empathy

• Hard Skills: Exceptional counseling techniques, Assessment, Person-Centered Approach, Experience of diverse populations, Crisis Intervention, Linkage to Resources, Experience with at-risk populations

#### References

Ashley Rosellli Former Supervisor at Delaware Valley Medical, 609-221-8497

Cathy Lupio Previous Senior Women's Residential Counselor 609-234-9198

Deborah Solomon Rutgers Social Work Field Supervisor 856-857-7858