

KAYLA PETERS

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EDUCATION:

University of Pennsylvania, Philadelphia, PA

M.Phil.Ed in Professional Counseling
M.S.Ed in Counseling and Mental Health Services

2019-May 2020 (*Expected*)
2018-2019

Rutgers University, New Brunswick, NJ

B.A. in Social Work

2013-2017

CERTIFICATIONS AND EXAMINATIONS

Pennsylvania Pre-K-12 School Counseling Certification

2020 (*Expected*)

National Counselor Examination

2020 (*Expected*)

Pennsylvania Licensed Professional Counselor

2020 (*Expected*)

COUNSELING EXPERIENCE:

School Counseling Intern

2019-2020

Friends' Central School

Wynnewood, PA

Lower School: N-5

- Counseled a weekly caseload of 6 students in Pre-Kindergarten through 5th grade, focusing on academic stress and issues impacting social and personal roles.
- Utilized solution-focused interventions and play therapy to students grades N-5th.
- Facilitated Pre-Kindergarten and 4th Grade group sessions centering around social and emotional lessons to enhance the educational experience.
- Co-facilitated "Feedback" in 1st grade and 5th grade classrooms to teach positive peer recognition and how to address conflict with peers.
- Provided in-classroom support for the Nursery and Pre-Kindergarten classrooms, specifically targeting students of interest to the counseling team.
- Consulted and collaborated effectively with parents and guardians, teachers, administrators, and other educational resources regarding students with identified needs and concerns.

Middle and Upper School: 6-12

- Conducted individualized counseling sessions with 150+ students grades 6-12 to assess a student's current mental health status.
- Counseled a weekly caseload of 6 students in 6th through 12th grade, focusing on academic stress, various mental health topics and college aspirations.
- Implemented psychoeducational programming to promote self-care and stress anxiety in grades 6-12.
- Participated in weekly grade level meetings with grade deans, teachers and fellow counselors to discuss and assess students of concerns.
- Collaborate and consult with Director of Support Services and School Learning Specialist to evaluate and implement appropriate counseling interventions for students.
- Served as an ACT/SAT test proctor for students with testing accommodations.
- Provided classroom coverage, as needed, in absence of faculty/staff.

Practicum Student

2018-2019

Warren G. Harding Middle School
Philadelphia PA

- Completed 200 hours of observation and supervised counseling sessions with 7th grade students.
- Counseled a caseload of three 7th graders during “lunch bunch” sessions centering around topics including sexuality, domestic abuse, depression, anxiety, suicidality, and goal setting.
- Observed the creation and implementation of IEP and 504 plans.
- Utilized the online database, Naviance, in order to research and asses students who were a truancy risk.
- Created and presented classroom lessons to promote academic, social/emotional, and vocational development.
- Participated in crisis intervention as needed.

OTHER RELEVANT EXPERIENCE:

Graduate Assistant to Dr. Ariane Thomas

2019-2020

University of Pennsylvania
Philadelphia, PA

- Researched and documented all current state licensure requirements for Licensed Professional Counselors.
- Created an organized and fluid document for students of the Counseling and Mental Health/Professional Counseling Program to refer to for information regarding state licensure.
- Collaborated with state officials to accurately record specific state requirements for licensure.

Lacey Township Recreation Department

2012-2018

Forked River, NJ

Recreation Supervisor (2017-2018); Park Leader (2014-2017); Park Counselor (2012-2017)

- Fulfilled staffing and scheduling requirements for the daily activities, trips and special events of 3 different site locations
- Provided thorough staff assessments and performance evaluations for 19 camp counselors and 12 Leaders in Training to continually increase the quality of leadership within the program
- Created and facilitated a comprehensive and interactive counselor orientation to train all staff members associated with the program
- Piloted the “Leader in Training” program which allowed boys and girls ages 14-15 to shadow senior counselors to learn how to be a successful counselor specific to needs of the program
- Restructured and updated Lacey Township Recreation procedures to create a safe and enjoyable environment for staff and campers
- Processed, managed and documented all financial transactions associated with the program

Rutgers Residence Life

2015-2017

Rutgers University

New Brunswick, NJ

Resident Assistant/Apartment Assistant (2015-2017)

- Developed an inclusive community among 60 residents, maximizing positive resident interactions through active and passive programming.
- Served on a weekly duty rotation to respond to emergency situations and crisis events in the residence halls
- Enforced all Rutgers Residence Life policies and procedures
- Referred residents to various Rutgers University resources and organizations such as Counseling and Psychological Services (CAPS), Health Services and Academic Advising.
- Mediated and provided conflict resolution for roommates in a professional and timely manner
- Developed and conducted programs centered around community, academics, responsibility, and equity/equality for residents
- Managed various administrative duties, such as maintenance requests, room changes, incident reports and duty logs
- Acted as a liaison between Rutgers Residence Life and residents by relaying on student concerns and needs within the residence hall