April 8, 2020

Dear Colleagues,

I strongly recommend Kayla Peters to you for the recently posted counseling position at your agency/school.

Kayla has been a mental health and school counseling intern at Friends' Central School (FCS) for the 2019-2020 school year. I worked with Kayla as her site supervisor for the University of Pennsylvania and in my role as the Director of Support Services at FCS. I have come to know Kayla as a highly engaging counselor, one who will be missed by many students.

Kayla is a school counselor with an extraordinary amount of energy, her enthusiasm is infectious. She was highly successful providing individual counseling for students in all three divisions: Lower School, Middle School, Upper School. She was effective working with groups of students around social concerns and parents in need of guidance and support. Kayla was consistently accessible, knowledgeable, and extremely helpful as a counselor and a colleague. As a new counselor she is well-versed in the ASCA model while following through with the myriad of details involved in complex matters with students, parents, and faculty members. Kayla typically offered unique perspectives to problem solving and was highly valued by me and the rest of our counseling and support team.

At FCS, Kayla demonstrated outstanding commitment and loyalty to the school. She made a "full-time" commitment to a "part-time" internship, making herself available via phone or email around the clock and voluntarily exceeding her hours for individual students and participating routinely in the life of the school. She frequently attended school events, bringing her joyful energy to every endeavor.

Lastly, and perhaps most importantly, Kayla has proven herself as a level headed and energized school counselor during the COVID-19 crisis. She has come up with a myriad of passive interventions while also continuing to check-in on student well-being 1:1 through a HIPAA compliant counseling platform.

If I can be of any deeper insight as you review her candidacy, do not hesitate to call me.

Sincerely,

Frederick Clemens Pratt, LPC Director, N-12 Support Services Friends' Central School To Whom it May Concern,

It is a pleasure and privilege to write this letter of recommendation for Kayla Peters. Kayla's culminating internship year brought her to Friends' Central School (FCS) in both the Upper and Lower School campuses. When Kayla joined the team at the Lower School she did so with professionalism. Kayla was eager to learn about FCS and the norms of the Lower School and how they compare and contrast to the Upper School.

Kayla meets with students individually, in groups, as needed, and also supports them in class. Kayla is always willing and able to jump in to problem solve when students' needs arise. She facilitates feedback in the classroom where students learn how to give and receive positive and growth feedback in a constructive way and teaches Social Emotional Learning lessons.

Kayla also targets specific interventions to help students and this noncomprehensive list includes attention to improving their focus, organization, self-esteem, self-regulation, communication, and peer relationships. Kayla is not only a resource to our students, but also to our staff. Teachers and students alike connect with Kayla for support and for strategies. Kayla is spending a significant amount of time in our pre-kindergarten classes helping students adjust to a new learning environment.

Kayla is also very efficient and organized and never leaves anything unfinished. If you have any questions please do not hesitate to contact me.

Sincerely,

Jenn Curren, MSW, LCSW School Counselor Friends' Central Lower School jcurren@friendscentral.org 610-642-7575 x7507 908-803-6540 (personal cell) To Whom it May Concern,

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