

Sarah N. Goulet

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EDUCATION

West Chester University of Pennsylvania

West Chester, PA

Master of Education, School Counseling

06/2017 - 05/2019

The Pennsylvania State University

University Park, PA

Bachelor of Arts, Psychology

06/2010 - 05/2014

CERTIFICATION AND LICENSURE

Professional School Counselor Praxis

Score: 175 - 01/17/2019

Counselor Preparation Comprehensive Examination

Score: 92 - 03/22/2019

PRACTICUM & INTERNSHIP EXPERIENCE

Sarah Starkweather Elementary School

West Chester, PA

Internship Student

01/2019 – 05/2019

- Completed 300 hours of internship experience in elementary school setting. 120 of those hours being direct service to students.
- Conducted weekly sessions with students who were identified for caseload, along with any student who required services as needed. Coordinated and implemented friendship group, taught classroom guidance lessons on emotional regulation, assertiveness, as well as Second Step lessons.
- Attended weekly child study meetings (MTSS), helped execute Positive Behavioral Interventions and Supports (PBIS), spearheaded 339 Career Counseling mandate through use of Naviance. Completed classroom observations, classroom observation summaries, review of records, and 504's in IEP Writer. Consulted with teachers and principal to support safety and performance of students.

Downingtown West High School

Downingtown, PA

Internship Student

08/2018 - 12/2018

- Completed 300 hours of internship experience in high school counseling setting. 120 of those hours being direct service to students.
- Conducted study skills guidance lessons for students who were identified to be at risk, counseled multiple students in crisis, counseled students on case load on a weekly basis, attended IEP, 504 and staff meetings, counseled students with post-high school planning, attended informational college seminars.
- Completed internship requirements while abiding by the American School Counselor Association ethical code.

Hancock Elementary School

Norristown, PA

Practicum Student

01/2018 - 05/2018

- Completed 100 hours of practicum experience at Title I elementary school. 45 of those hours being direct student interaction.
- Created and implemented 3rd grade counseling group, created and executed 1st grade classroom guidance lessons, counseled students as needed and by weekly sessions, consulted with teachers and principal, shadowed professional school counselor, employed multiculturally competent counseling practices at site.

PROFESSIONAL EXPERIENCE

The Substitute Teacher Service

Pennsylvania School Districts

Substitute Teacher

09/2017 - Present

- Accurately follow and implement lesson plans left by primary teacher.
- Apply effective classroom management strategies when working with students, while ensuring safety and engagement.
- Provide students with appropriate support, materials, assignments and homework required by primary teacher.

Envision National Youth Leadership Forum Pathways to STEM (Seasonal)

Fairfax, VA

Scholar Relations

06/2018 - 08/2018

- Attend to personal needs of students on an “on-call” basis during the day and provide overnight support to students on a rotating basis.
- Work closely with parents and students to support and resolve concerns including medical issues, homesickness and special needs.

Radnor Day Camp (Seasonal)

Radnor, PA

Special Needs Support Staff

06/2017 - 08/2017

- Provide support services to assigned elementary school child who requires special attention due to special needs diagnosis.
- Assist in daily camp activities, coordinate with team members to provide safety and entertainment for children at camp.

The Progressions Companies – Moore J. Hampton Elementary

Philadelphia, PA

Therapeutic Staff Support

01/2017 - 05/2017

- Provide one-on-one therapeutic services to elementary-aged children with mental health diagnoses.
- Liaise with behavioral specialist consultant, parents and teachers to provide the most effective form of treatment.
- Document and identify daily activities, outliers, regressions and improvements in child's behavior.

BlackRock

Wilmington, DE

Human Resources Analyst

06/2016 - 12/2016

- Provide daily support for Human Resources Business Partners in terms of analytics and metric maintenance.
- Aid in compensation planning, promotion allocation, and relocation of internal employees.
- Assist in employee relations operations in terms of assembling severance packets.

IMS Health

Plymouth Meeting, PA

Human Resources Coordinator

10/2015 - 05/2016

- Provide daily support to Human Resources Business Partners.
- Standardize on-boarding initiatives for all U.S. based new hires.
- Lead I-9 verifications for all U.S. based new hires.
- Ensure compliance with yearly goals and competency cycles.
- Assist in event planning, invoice processing, metric maintenance, and office management activities.

Talent Acquisition Coordinator

10/2014 - 09/2015

- Manage interview scheduling, travel arrangements, and candidate reimbursement for recruiting team.
- Compile monthly talent acquisition metrics (e.g. time to fill, source of hire, and job board usage).
- Create and maintain internal talent acquisition center of excellence web page.
- Lead company-wide hiring initiative for veterans.

LEADERSHIP AND VOLUNTEER EXPERIENCE

Community Help Centre

State College, PA

Crisis Hotline Counselor

08/2012 - 05/2014

- Completed 180 hours of counseling, substance abuse, emotional support, crisis, and information and referral training.
- Achieved short-term counselor certification.
- Operated the 24-hour crisis hotline, counseled walk-in clients, and ran center during monthly overnight shifts.

PSI CHI

State College, PA

Vice President

05/2013 - 05/2014

- Vice President of PSI CHI, The International Honors Society in Psychology, Pennsylvania State University Chapter.

CHI SIGMA IOTA

West Chester, PA

Member

09/2017 - 05/2018

- Member of the International Honor Society for school counseling students, counselor educations and professional counselors.