

Julia Bunch

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Greetings,

I would like to introduce myself as a newly graduated student of the La Salle University Master of Arts graduate program in Marriage and Family Therapy. Based on my thorough training in systems theory as an MFT at La Salle as well as my professional experiences within the fields of mental and behavioral health, I believe that I have attained a unique skill set related to evidence-supported therapeutic techniques and interventions, crisis prevention and de-escalation, community resource location, and interpersonal collaboration and communication within a wide range of populations that would be well-suited for the Clinical Counselor (Drug and Alcohol) position with CORA Services.

Most recently, I have been employed as an MFT Clinical Intern and Mental Health Worker at George Junior Republic, Inc., where I provided family-based services to a diverse population of adolescents with co-occurring disorders currently involved in the juvenile criminal justice system. Using the Eco-systemic Structural Family Therapy model, my team members and I worked directly with youths and their families to increase their emotional regulation skills, attachment abilities within relationships, and executive functioning skills within the home, school, and juvenile justice settings as well as maintaining consistent communication and continuity of care with probation and other professionals relevant to an adolescent's case.

In addition to my clinical internship experience, I have also been employed as a Behavior Technician to children and adolescents between the ages of three and nineteen who have been diagnosed with autism or other developmental disabilities. Using Applied Behavior Analysis as well as Discrete Trial Training and other early intervention tools, I worked closely beside them to help reduce disruptive behaviors throughout the school day and to replace these behaviors with effective communication skills and coping strategies.

I also have specific experience in crisis intervention; during my undergraduate years, I volunteered as an Online Hotline Staff Member at the Rape, Abuse, and Incest National Network where I offered immediate emotional support and validation, aided in safety planning and crisis de-escalation, and connected survivors with local and national resources to meet their specific needs.

Thank you for your time and consideration, and I hope to hear from you soon. Please feel free to contact me by either email or phone at julia.bunch.mft@gmail.com or (484) 238-5867 to further discuss the position as well as my resume, and references are always available upon request.

Sincerely,

Julia Bunch