

# Jessica Scott, MEd

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My goal is to remove barriers to academic success for students, families and systems. This is accomplished through my 20+ years of expertise in assessment, referral, motivational interviewing, joining techniques, mindfulness, distress tolerance, emotional regulation, crisis management and substance use.

## EXPERIENCE

2014 - 2019

### **SAP Coordinator, Rose Tree Media School District**

Provided multi-tiered consultation at the high school level. This included: bio-psycho-social assessment and referral; group, family and individual consultation, crisis management, trainings, psycho-education, presentations and facilitation of team meetings.

2018-2019

### **Instillation of Hope, LLC**

#### **Private Practice**

Providing clinical care to adolescents and young adults ages 14-24. Currently in LPC process.

2004 - 2014

### **SAP Coordinator, Holcomb Behavioral Health**

Provided multi-tiered consultation at the high school level. This included: bio-psycho-social assessment and referral; group, family and individual consultation, crisis management, trainings, psycho-education, presentations and facilitation of team meetings.

2001-2004

### **Substance Abuse Specialist, Covenant House PA**

Developed and implemented substance abuse programming to homeless and home insecure youth on the streets and in shelter.

## EDUCATION

May 2008

### **MED, Secondary Guidance, West Chester University**

GPA 3.7

May 1997

### **BSW, Asbury University**

GPA 3.7

## SKILLS

- CADC (Certificate in Alcohol and Drug Counseling) Villanova University, 2001
- Extensive clinical background in adolescent ATOD and MH
- DBT (Dialectical Behavioral Therapy) proficient

- Excellence in systems work, level of care assessment, crisis intervention and referral
- Private Practice, Swarthmore, PA

## **ACTIVITIES**

Salvation Army New Day to Stop Trafficking Women's Drop-In Center Volunteer:  
2001-Present