



## **CORA Clinical Services** The Resource Center for Children, Youth and Families

**215.342.7660 ext 2450**  
8540 Verree Road • Philadelphia, PA 19111

**CORA** serves clients within the context of their family or support system. Clinical Services provides a variety of counseling, prevention, intervention and behavioral health treatment services throughout the Philadelphia area.

Services include mental health treatment, substance use intervention and treatment, prevention/intervention, assessment services, and case management. Services are offered to children, youth and families experiencing emotional, behavioral or situational difficulties related to family living/relationships, child/youth behavior, substance use, and emotional health issues.

### **Qualified, Caring and Compassionate Staff include:**

- ◆ Bachelor's level case managers
- ◆ Master's level counselors and therapists
- ◆ Psychologists
- ◆ Consulting psychiatrist

### **Intensive Prevention Services:**

IPS is a program funded by the Philadelphia Department of Human Services to increase protective factors for youth ages 10 - 17 and to divert youth from potential/increased contact with the juvenile justice or dependency systems. Services are offered during afterschool hours. Eligibility criteria include a history of running away, excessive school absences, three or more suspensions or expulsions, or an arrest in the past year. IPS includes group counseling, life skills, positive prosocial activities, and case management services in a supportive environment.

### **Mental Health/Behavioral Health Counseling Services:**

Individual, group and family counseling services are available through publicly funded programs; Mental Health treatment services are available as covered by individuals' commercial insurance plans.

Families typically request counseling services for a variety of emotional/behavioral health concerns including but not limited to:

- ◆ Anxiety and stress
- ◆ Behavioral challenges
- ◆ Parenting support
- ◆ Family and relationship dynamics
- ◆ Self-esteem and identity exploration
- ◆ Adjusting/reacting to significant changes such as loss or trauma

### **Substance Use Intervention & Treatment:**

CORA Services provides PA licensed, outpatient substance use treatment for both adults and adolescents. CORA's treatment program includes initial assessment, individual therapy, and family therapy as needed. CORA also provides counseling for adolescents who are experimenting with substances, exposed to substance use through family or peer group, or who are exhibiting at-risk behaviors that increase the likelihood of future substance use.

*Case Management and Peer Recovery support services are available for adolescents and adults seeking additional support outside of the counseling environment.*

### **Student Assistance Program (SAP):**

CORA provides consultation, assessment, and referral assistance to students in grades K-12 who are referred by school staff due to experiencing obstacles/barriers to learning. Behavioral health assessments are conducted to explore the nature and severity of suspected substance use and mental health concerns. Following assessment, CORA staff facilitate referrals for treatment/other services as appropriate.

*SAP Case Management services are available to ensure appropriate follow through with recommended services, as well as offer benefits assistance and community resource linkage.*

