



Mental Health/Behavioral Health Counseling

CORA's Clinical Services team provides a therapeutic environment where individuals can explore and address a variety of mental health, behavioral health, and family issues.

Those seeking services are provided with individualized care in a compassionate, nonjudgmental setting.

Mental Health Treatment

CORA provides individual and family therapy services. Therapists work with children, adolescents, and adults experiencing a variety of life stressors including:

- ◆ Anxiety
- ◆ ADHD
- ◆ Adjustment to separation/divorce/other losses
- ◆ Relationship issues
- ◆ Symptoms of depression/mood disorder

Therapists in this program are licensed as psychologists, marriage and family therapists, professional counselors, and social workers. CORA also offers psychiatric evaluations and medication management by agency's consulting psychiatrist.

This commercial insurance based program accepts the following:

- Aetna
 Independence Blue Cross/Blue Shield
 CHIP Insurances
- GHP KIDS
 - Aetna Better Health Kid
 - Keystone CHIP
 - Kidzpartners
- Union Insurances
- Allied Trades Assist. Program
 - Aicare
 - Teamsters Health & Welfare
 - Carpenters
- EAP Insurances
- Carebridge and Penn Behavioral Health

Family Advocate Counseling

CORA provides individual and family counseling for children and adolescents who are experiencing difficulties such as:

- ◆ Family and relationship issues
- ◆ Behavioral concerns at home or school
- ◆ Self-esteem and identity issues
- ◆ Adjusting/reacting to significant changes such as divorce/separation, loss or trauma
- ◆ Mood and emotional regulation issues

Program Goals:

- ◆ Increase protective factors and improve self-esteem
- ◆ Learn healthy coping skills and effective ways to handle peer pressure
- ◆ Improve communication and relationships with family members
- ◆ Increase ability to identify and express feelings
- ◆ Empower and support parents

Family Advocate counseling is provided at no cost for families that qualify.

CORA Clinical Services The Resource Center for Children, Youth and Families

215.342.7660 ext 2450
 8540 Verree Road • Philadelphia, PA 19111

Individual Worth Mercy



Reconciliation Zeal