Mental Health/Behavioral Health Counseling
CORA's Clinical Services team provides a therapeutic environment where individuals can explore and address a variety of mental health, behavioral health, and family issues. Those seeking services are provided with individualized care in a compassionate, nonjudgmental setting.

Mental Health Treatment
CORA provides individual and family therapy services. Therapists work with children, adolescents, and adults experiencing a variety of life stressors including:

- Anxiety
- ADHD
- Adjustment to separation/divorce/other losses
- Relationship issues
- Symptoms of depression/mood disorder

Therapists in this program are licensed as psychologists, marriage and family therapists, professional counselors, and social workers. CORA also offers psychiatric evaluations and medication management by agency’s consulting psychiatrist.

Family Advocate Counseling
CORA provides individual and family counseling for children and adolescents who are experiencing difficulties such as:

- Family and relationship issues
- Behavioral concerns at home or school
- Self-esteem and identity issues
- Adjusting/reacting to significant changes such as divorce/separation, loss or trauma
- Mood and emotional regulation issues

Program Goals:
- Increase protective factors and improve self-esteem
- Learn healthy coping skills and effective ways to handle peer pressure
- Improve communication and relationships with family members
- Increase ability to identify and express feelings
- Empower and support parents

Family Advocate counseling is provided at no cost for families that qualify.

This commercial insurance based program accepts the following:
- Aetna
- Independence Blue Cross/Blue Shield
- CHIP Insurances
  - GHP KIDS
  - Keystone CHIP
  - Aetna Better Health Kid
  - Kidzpartners
- Union Insurances
  - Allied Trades Assist Program
  - Alicare
  - Teamsters Health & Welfare
  - Carpenters
- EAP Insurances
  - Carebridge and Penn Behavioral Health

CORA Clinical Services
The Resource Center for Children, Youth and Families
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