



SAP Assessment Services

CORA provides consultation, assessment, and referral assistance to students in grades K-12 who are referred by school Student Assistance Program (SAP) teams due to experiencing obstacles/barriers to learning.

SAP Assessment Services

CORA conducts behavioral health assessments to explore the nature and severity of suspected substance use and mental health/behavioral health concerns and facilitates referrals for treatment/other services as appropriate. SAP Assessors can also provide consultation services to school SAP teams, parents and students regarding referral/treatment/intervention strategies and resources.

SAP Case Management

SAP Case Managers assist families in removing obstacles/barriers to following through with recommended services following a SAP Assessment.

SAP Case Managers:

- Ensure follow through with SAP Assessment recommendations
- Provide benefits assistance
- Navigate and link students/families to community resources

To be eligible for SAP Case Management, a student must have completed a SAP Assessment.

Who to Refer for SAP Assessment

School SAP team members can refer students who appear to be experiencing marked behavioral changes, a pattern of unusual behavior, or a high level of emotional distress.

Behavioral Indications

- ◆ Sudden dramatic changes in attendance, discipline, academic performance
- ◆ Changes in sleeping, waking, and eating patterns
- ◆ Mood swings and social withdrawal from family and friends
- ◆ Preoccupation with themes of death and thoughts of suicide
- ◆ Inability to concentrate, short attention span
- ◆ Frequent complaints of physical ailments (stomach aches, headaches, fatigue)
- ◆ Use of alcohol or other drugs, violation of school drug/alcohol policy

Situational Indications

- ◆ Family history of substance use/treatment
- ◆ Family history of mental health concerns/treatment
- ◆ Changes in family status
- ◆ Significant losses (relationships, peer group, break up with significant other)
- ◆ Exposure to suicide
- ◆ History of physical abuse or neglect
- ◆ Peer group substance use

CORA Clinical Services

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