# S Continuum of Closer of Care Look







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# From our Board of Directors

Thanks very much for all you have done to support CORA Services throughout 2019!

I have been a proud member of CORA's Board of Directors since 2013 and I can say with certainty that this agency prides itself on connecting the dots for families with care and compassion. In my opinion, what makes CORA especially unique is our holistic approach and diversity of quality professional services.

While Children ARE the Heart of the Matter at CORA, each child's needs are assessed and addressed within the context of their family or support system. Mission-driven counselors, educators, psychologists and therapists of many types, work collaboratively to embrace our client families, providing excellent well-rounded resolutions to complicated situations. I have experienced firsthand the excellent services CORA provides and trust their staff immensely with my own children.

At every stage of life, CORA offers supports that help to remove obstacles and allow for development and productivity. From parenting classes and early childhood education, to academic support and counseling, to behavioral assessment, case management, mental health treatment, and much more — CORA aims to help families survive and thrive regardless of the challenges they are facing.

Consider taking the next step in your involvement with CORA — An agency dedicated to helping children and families experience success at every angle.

Sincerely, Dr. Michael Clark



# **WE CARE ABOUT CORA**

The following list recognizes individuals and organizations that made gifts during CORA's 2019 fiscal year.

The Alliance of Community **Service Providers** Jan Ambrose American Heritage Federal Credit APEX IT Group Corinne Arena Aria Health DBA Jefferson Health Atlantic Utility Trailer Sales Ronald Augustyn Nancy Aulett

Matt and Helene Baczkowski Herbert and Rochelle Bass Becker's School Supplies, Inc. Mark Berman Board of Directors of City Trusts Jason Bodman Rebecca Bonner Craig and Rose Braverman Ambrose Bregg Bricklayers & Allied Craftworkers Local 1 PA

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# GET INVOLVED— JOIN A CORA COMMITTEE!

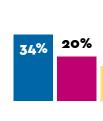
- · Finance
- · Governance
- · Institutional Advancement
- · Program Advancement
- Events: Champions for Children, Golf and Seussville

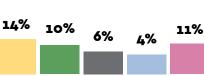


You do not need to be on the board to serve on a committee, but committee participation is expected of potential board members.

# **Financials**

July 1, 2018 - June 30, 2019







### **REVENUE**

90%

Grants & Contracts \$18,669,775

3%

- Fees & Services \$1,350,074
- Contributions, Special Events & Other \$688,026

TOTAL \$20,707,875

### **EXPENSES**

- Auxiliary School Services \$7,093,906
- Nonpublic School Services \$4,026,995
- Counseling, Prevention & Intervention Services \$2,871,355
- Early Childhood Services \$2,045,989
- Out of School Time \$1,165,953
- Building Maintenance & Services \$802,417
- Management & General \$2,317,920
- Promotional & Fundraising \$252,141

TOTAL \$20,576,676

Operating Surplus \$ 131,199

David Channing
Mark Chesses
Kristen Cissne
Claflen Associates Architects +
Planners
Michael Clark, M.D.
Clarke Schools for Hearing and
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# Children are the Heart of the Matter

**Years** 

The Early

### **EARLY INTERVENTION**

CORA provides Early Intervention services for preschoolers experiencing delays reaching appropriate developmental milestones. In collaboration with Elwyn's Early Learning Services program, CORA delivers services to children with Individualized Education Program (IEP) which are designed to provide quality early learning experiences for children ages 3–5.

12 Early Intervention therapists helped 300 children with more than 450 services in special instruction, speech and language therapy, and occupational therapy, in 25 Early Childhood Education Centers across the city of Philadelphia. During the summer, CORA's Early Intervention Team hosted over 30 children per week for thematic therapy workshops. CORA also opened its doors to build a stronger partnership with Elwyn by creating work space for its Early Intervention team in our administrative building at 8540 Verree Road.

## **PARENTING**

CORA's **Lifeline** Program, started by Sister Nora Dennehy, has evolved to do much more than provide support to young mothers to be. In addition to offering help to pregnant and parenting adolescent and young adult mothers and fathers, Lifeline now offers many different educational opportunities for parents, families and the community.

87 group sessions were provided in 2019 to middle school and high school youth as well as adults on many topics including:

- Safe Dates An anti-violence teen dating program
- ➤ The Nurturing Parenting Curriculum
- ➤ Teen Life Skills
- Fetal Alcohol Syndrome

87 Group Sessions intervention therapists helped children



Early Years Fox Chase needs a new playground!

Physical activity is a MUST for growing children. Outdoor equipment helps kids develop gross motor and imaginative play skills. **How can you help?** coraservices.org/donations

### LITERACY HAPPENS

In 2019, CORA offered two 6-week long Early Literacy Workshops for children ages 1–5. Hosted by Eric J. Smith, MA, CCC-SLP/L, and his team, families participated in workshops designed to help parents and other caregivers help their youngsters learn and love to read. Each session featured a lesson about how families can use literacy activities to support their child's development by incorporating literacy into everyday routines in meaningful ways.









# **YESTERDAY**

In 1983, CORA opened its flagship quality Early Childhood Education Center, Early Years Fox Chase, serving children 2 1/2-5.

more than 3,500 children started their lifelong journey of learning in one of CORA's Early Years programs!

## **TODAY**

CORA currently owns and operates two Early Years Programs, the original one in Northeast Philadelphia, and one on the campus of La Salle University. Both locations are Keystone STAR 4 sites with full and part time opportunities as well as before and after care. Early Years La Salle offers free spots for qualifying families through Pre-K Counts!

# **TOMORROW**

# **DONORS**

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Cecilia Hanas
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James and Julie Harron Health Partner Plans Mike Heinen Craig Hendrick Eileen Himes Larry Holman Holy Family University



## **FAMILY ADVOCATE**

CORA's Clinical team provides a therapeutic environment where clients can explore and address a variety of mental health, behavioral health, and family-related issues. School aged children ages 5-18 and their parents receive support, encouragement, and guidance by skilled clinicians.

CORA provides related services
to Charter Schools in PA and
NJ, employing 12 Occupational
Therapists, 26 Speech Therapists,
1 Physical Therapist and
15 Psychologists.

# The Elementary Years



# TRUANCY INTERVENTION AND PREVENTION SERVICES (TIPS)

CORA's TIPS team collaborates with Philadelphia's Department of Human Services, School District, Family Court, and the Police Department to increase school attendance and reduce truancy.



Since PA'S amendment of
The Truancy Law, Cora has
implemented a comprehensive
approach to identify and
address attendance issues as
early with credible intervention
techniques.

# **DONORS**

Siobhan Ideishi Independence Blue Cross Michael and Juliet Ingram Iron Hill Brewery, LLC Jerry Jacobik James Martin Company, Inc Jeanes/Temple Hospital Jane Johnston Kauffman & Drebing LLC KDI Office Technology John Kennedy Cheryl Klocek
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Warren Lindley
Blanche Lipschultz
Little Flower Catholic High School
for Girls
John Logan
Edward Lowitz
Jessica MacKay
Patricia Maguire
John Mapes

90 support staff

- In 1975, when CORA first began serving non-public school students, they had to come to us. Sr. Charity was determined to serve students where they were, so she put trailers in the parking lots of 45 Archdiocesan schools.
- Today in our School
  Services Department,
  CORA Provides the
  Philadelphia Archdiocesan
  and other private grade
  schools and high schools
  with: 27 Counselors, 35
  Educators, 13 Psychologists
  and 15 Speech Therapists.
- Grow With Us" is the theme of The CORA Training Center, which was established in response to staff requests for advanced training on how to best support today's students, as the environments in which they are learning and growing continue to evolve. 685 attendees participated in CORA professional development sessions in the 2018–2019 school year.

# **YESTERDAY**



# **TODAY**



# **TOMORROW**



# Goal

IMPROVE SCHOOL ATTENDANCE

ADVOCATE FOR FAMILIES IN REGIONAL TRUANCY COURT 485
SAIP
Conferences

# Action

CORA staff teamed up with the attendance team of 12 Northeast Philadelphia area public schools and attended 30 Back to School nights in the fall to educate families on school and city attendance polices.

TIPS (Truancy Intervention and Prevention Services) team members participated in 485 SAIP (School Attendance Improvement Plan) conferences!

DIVERT FAMILIES FROM ENTERING FORMAL CHILD WELFARE SERVICES



Back to School Nights

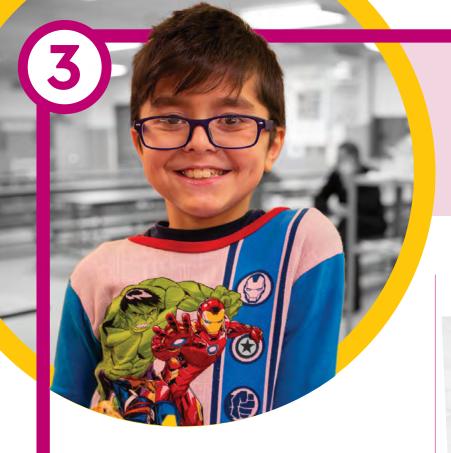
CORA assisted eligible families in emergency situations with rent, utilities, food, clothing, school supplies and beds totaling more than \$10,000.

# Seussville At CORA

is an annual family engagement event focused on the fun and importance of early literacy. CORA also offers early literacy workshops for families with young children that provide books and resources.

Consider a \$1,000 Literacy Sponsorship!





# The Middle School Years



2018-2019 SCHOOL YEAR SAP PROGRAM:

CORA's SAP Assessment services are available to students in grades K-12 in select schools throughout Philadelphia. CORA works with Philadelphia public, charter, and non-public schools across 31 zip codes and received over 1,400 referrals during the 2018-2019 school year.

# SAP-STUDENT ASSISTANCE PROGRAM

CORA's SAP Program began in 1989 and included behavioral health assessments, consultation and referral assistance for students experiencing obstacles or barriers to learning. SAP services expanded in the 2018-2019 school year to include case management support which further assists students and families with accessing recommended services. Case Managers also assisted students/families with benefits assistance and accessing community resources.



This year YouthCOR provided after school and summer programming in the following areas: 19114, 19116, 19115, 19132, 19149, 19111, 19124

# **DONORS**

Christine and Justin Matulewicz
Jerry McCaffrey
Melissa McCullough
Christopher McDemus
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Donald and Mary McGettigan
Mary Kay McGettigan
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Joe Parson
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Nancy Peter
Peter R. Johnson & Company, Inc.

# From Camp CORA to YouthCOR







In the 80's and 90's, CORA ran a large summer camp on 3 acres of land with many outdoor activities including archery and swimming. In the summer of 2018, there was a CAMP CORA Reunion where former campers and counselors shared stories about the old camp days and that pesky groundhog!

YouthCOR, our DHS funded summer programming is offered at a variety of partner school sites. 21st Century Community Learning Center and United Way Impact funding has enabled enhanced services at some sites such as family engagement

activities and increased
STEAM capabilities,
helping keep students
school ready all
summer long.

TODAY



children
participated
in YouthCOR

1,001



- CORA's commitment to serving children with mercy and zeal has not changed, but our out-of-school-time options have evolved and spread out to meet families where they are. Our recent additions include St. Martin de Porres and J.H. Brown Elementary Schools.
- Our programs are growing and WE'RE HIRING! Do you know anyone interested in working with children after school? Visit coraservices.org and click on careers to see all available positions!



# Promote your business and support 7th and 8th graders!

CORA's Career Development Resource Center engages nearly 3,500 students each school year. CDRC staff help students critically evaluate how their interests and skills connect to a career path. Students enjoy hands-on work experiences at self-guided workstations — some virtual and some functioning career-related activity stations.



# The High School Years

### **INTENSIVE PREVENTION SERVICES (IPS)**

IPS is an early intervention program for youth ages 10 to 17 years old who exhibit at-risk behaviors. CORA takes a comprehensive approach, offering individual, group and family counseling complemented by group activities and case management. During the summer months, CORA hosted weekly enrichment activities to keep youth active.

### **PAYING IT FORWARD**

Mariame Sissoko, a senior at Central High School, started a student organization called Stressed Out Students to initiate an ongoing conversation with her peers about teens and mental health. Mariame and her classmates, lead by teacher and advisor, Traci Albuck, sold exam week care packages and donated the money to CORA.

### **OCCUPATIONAL THERAPY**

Occupational Therapist, Laura Pietropola, along with Temple OT students, provided bi-monthly pet therapy services to students in the Multiple Disabilities Support classrooms and Life Skills classrooms at Simon Gratz Mastery Charter High School. The pet therapy program provided opportunities for students to engage in positive social interactions, demonstrate appropriate self-regulation abilities, and promote social-emotional learning. These skills were tracked through

data analysis to provide therapists with concrete evidence of each student's progression.





Left: The Peer Helper Award was established to reward exceptional 8th-grade students for their participation in CORA's Peer Helper Program, which fosters leadership and enables students to mentor younger children and serve as positive role models. During her 2019 graduation ceremony from St. Christopher's School, Paige Thompson was awarded this honor and \$1,000 toward her Villa Joseph Marie tuition.



# Monthly donations make a huge impact!

CORA is addressing substance use and abuse with children, adolescents and adults, through education, early intervention, counseling, treatment and recovery supports. Your monthly gift could cover the cost of a counseling session for a teen or a family member struggling to support them.

Enroll here: coraservices.org/donations



In the late 90's and early 2000's, CORA's Neumann center was a community center in the Frankford section of Philadelphia that helped adolescents attain their GED while receiving drug and alcohol treatment and teen/young adult parenting supports.

In late 2019, Governor Tom Wolf and presidential hopeful Michael Bloomberg visited CORA's partner, The Bridge Way School, PA's first Recovery High School, to discuss the importance of substance abuse treatment programs for adolescents. To support high school students suffering from addiction, CORA offers support groups, case management and life skills. In the summer of 2018, CORA and The Bridge Way launched an Alternative Peer Group providing support and sober activities for teens.





◆ CORA is investigating the formulation of a Family Navigation System within our agency: a call-in, walk-in and online concierge service, where any family can obtain an assessment for their child and be referred to appropriate care. With CORA's signature care and compassion, we hope to better assist families as they navigate systems supporting a child's educational, behavioral health or mental health needs.

# **DONORS**

Philadelphia Council of AFL CIO Plumbers and Pipefitters LU 354 Plumbers Union Local 690 Thomas Queer Lisa Radecke Regional Information Sharing Systems (RISS) Republic Bank Rite Aid Foundation Barbara Rittenhouse Patricia Roberts Melissa Roberts
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Sandmeyer Steel Company Santander Sherry Scena Mike and Roseann Schell Amelia Schoettle Thomas Schrank Catherine Schuld



# Adult Programs & Services

MENTAL HEALTH COUNSELING

# AND TREATMENT SERVICES

CORA Therapists work with children, adolescents and adults experiencing a variety of stressors including anxiety, ADHD, adjustment to separation/divorce/other loss, relationship issues, depression and mood disorders.

CORA also provides PA licensed, outpatient Substance Use Treatment, Substance Use Intervention Counseling as well as Peer Recovery Support and Case Management Services.

## **SPEECH FELLOWSHIPS**

CORA provides internship and fellowship opportunities for a range of professions.

CORA offers a well-structured, strongly mentored clinical fellowship experience in Speech and Language Services, with the intention of providing a positive start to your professional practice and a rewarding career in school-based speech and language services. CORA is able to provide professional support while adhering to ASHA's guidelines for obtaining the Certificate of Clinical Competence (CCC's). CORA Clinical Speech Fellows have the opportunity to work in one of three diverse populations of nonpublic schools in Early Intervention sites, and charter schools throughout the city of Philadelphia and Camden.



# **DONORS**

AnnMarie Schultz
Madeline Seiger
Trevor Seufer
Shanahan Charitable Foundation
Karen Sharkey
Michael and Rosanne Schell
Roslyn Shoket
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Sisters, Servants of the
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Stressed Out Students Club Central High School
The Becker Vanguard Group
The Henderson Group
The Wedge Medical Center, Inc
Rita Timoney
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524
United Way
Univest Bank

# Champions for Children

CORA's Champion Awards recognize extraordinary individuals and organizations who have been instrumental in creating a brighter future for children and families in the Philadelphia region.

Aleasha Lewis, 2018 graduate of Mercy Career and Technical High School was recognized as a **CORA's Classroom Champion**. After receiving support from CORA's lifeline program as a young mother, Aleasha worked to connect other young mothers to available resources.



### Champions for Children, December 2018

Corporate Champion: John Kane, Plumbers Union Local 690 Civic Champion: Sister Donna Shallo, IHM



# YESTERDAY

The first CORA golf outing took place in 2008 at Melrose Country Club. In 2016, the outing moved to the Philmont Country Club to accommodate 200+ golfers and some special supporters.



# **TODAY**

CORA hosted the 11th
Annual CORA for KIDS Golf
Classic at the Philadelphia
Cricket Club in the summer
of 2019 netting more than
\$65K for our children and
families.



# **TOMORROW**

We hope to see you on June 1, 2020, at the Cricket Club!

Will your company sponsor a foursome?

VIST Bank Waddell and Reed Stephanie Watkins Rena Weizer Weiss Joseph Yanchis



Each year we ask staff to identify children and families who could use a little extra love at Christmas time. Each gift of \$50 allows CORA to support an additional family with a holiday gift card. **Sponsor a family!** 

# 48 Years and Counting

With your partnership, CORA continues to enrich and expand our programming to help individuals, children, families, neighborhoods and schools with unmet needs. I am sincerely grateful to the entire CORA community for all you do to help our agency carry on the important work of Sr. Charity Kohl and the Sisters of the Good Shepherd. I am humbled each day by your contributions, dedication and service. We have a responsibility to use best practices and serve to the best of our ability, bridging gaps where services don't yet exist, and I do not take that responsibility lightly. I share your passion for supporting families and strengthening the community with creativity and zeal.

# Please consider furthering your connection with CORA —

We truly are an agency meeting unmet needs and welcome collaboration in providing innovative services to our children and families!

# AnnMarie Schultz, President & CEO







# Thanks to Our 2019 CORA Community Partners!

NFP
Plumbers Local 690
Univest
LEHB
Iron Hill



# CORA is grateful to our 2019 CARING COMMUNITY PARTNERS! These generous supporters showed their commitment to CORA's children and families by becoming yearlong sponsors. Caring Community Partnerships begin at \$5,000. Inquire today about becoming a 2020 partner!







# Save the Dates



Seussville at CORA

06.01.20

**GOLF for KIDS Classic** at The Philadelphia Cricket Club

# **CONNECT WITH US**

Text the word "CORA" to the number 42828. 215.342.7660 | 215.701.2776 | Email: caring@coraservices.org





**●** @CORAServices **●** @CORACares1971





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