



Substance Use Intervention and Treatment

CORA provides a therapeutic environment where individuals can explore and address their substance use patterns. Those seeking services are provided with individualized treatment in a compassionate, nonjudgmental setting.

Substance Use Intervention Counseling

CORA provides counseling for adolescents who are experimenting with or exposed to substances through family or peer group, or who are exhibiting at-risk behaviors that increase the likelihood of future substance use.

Services include:

- ◆ Individual/family/group counseling
- ◆ Parenting support and education
- ◆ Psychoeducation regarding substance use

Counseling goals aim to reduce the risk of future or continued substance use by:

- ◆ Learning healthy coping skills
- ◆ Improving self esteem
- ◆ Building relationships with family members or caregivers through better communication
- ◆ Understanding the effects of substance use and learning effective ways to handle negative peer pressure



Substance Use Treatment

CORA provides PA licensed, outpatient substance use treatment for adults and adolescents including an initial assessment, individual therapy, family therapy as needed and ongoing recovery support planning.

CORA clinicians can assist clients with accessing Medication Assisted Treatment (MAT), psychiatric services or other levels of substance use treatment as appropriate.

Peer Recovery Support & Case Management Services

are available to adolescents and adults in CORA's Substance Use Treatment program. Support services include:

- ◆ Benefits assistance
- ◆ Linkages to recovery oriented activities
- ◆ Assistance with job applications/employment readiness
- ◆ Legal and educational advocacy

Insurance Accepted

- | | |
|---------------------------------|-------------------|
| ◆ Medicaid (CBH) | ◆ Aetna |
| ◆ Independence Blue Cross Plans | ◆ CHIP Insurances |
| Anthem BC/BS | AETNA Better |
| BC/BS Personal Choice | Health Kids |
| Highmark BC/BS | Keystone CHIP |
| Keystone HMO and POS | GHP Kids |
| PennCare PPO | Kidzpartners |
| | (Health Partners) |

CORA does not accept any Medicare plans or Cigna.

CORA Clinical Services

The Resource Center for Children, Youth and Families

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Individual Worth  Mercy



Reconciliation  Zeal